

year in review

2018



ALBERTA COLLEGE *of*
FAMILY PHYSICIANS

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President's message



As we near the end of the year, I reflect upon the various activities that have occurred throughout 2018.

The ACFP has been a leader in the Opioid Response Initiative, a collaboration with the Alberta Medical Association and Alberta Health Services which included a grant from Alberta Health to fund an

emergency response to the opioid crisis. With this funding, we are enabling Primary Care Networks across the province to improve capacity for providing opioid agonist therapy, providing education to providers and looking at ways to improve service delivery. It is a made in Alberta solution to a complex problem impacting many across the province and the country.

We hosted successful events including the earliest sell-out of our Annual Scientific Assembly (with an exciting rebranding announcement to Family Medicine Summit – March 1-3, 2019) and over 600 attendees in person and by webcast for our Practical Evidence for Informed Practice conference. Our First Five Years

in Practice committee hosted their first event in June with a well received practice management session focusing on tax tips.

After hitting #200 toward the end of 2017, the continued dedication of the hard-working PEER team has continued to provide high quality Tools for Practice summaries to assist with making informed decisions in our practices.

Our leadership registry, engageprimarycare.ca has continued to assist in placing primary care representation into settings across the province to ensure the voice of Family Medicine is heard in decisions impacting our health care system.

Our Board, committees and ACFP staff have continued to work hard to provide educational initiatives and advocate for primary care across the province. I thank them all for their ongoing dedication.

It has been a busy and successful year. I look forward to further accomplishments in the year ahead.

Dr. Vishal Bhella

- your membership with the ACFP
- Share them at your table
 - Write a post-it note or directly on the flip chart with one “member value” from the grid

Advancing excellence in family practice



Engaging and
Empowering our Members

Board of Directors

The ACFP Board of Directors is comprised of nine Directors.

They are:

Dr. Vishal Singh Bhella (President), Calgary
Dr. John Chmelicek (Past President), Edmonton
Dr. Sudha Koppula (Secretary), Edmonton
Dr. Clark Svrcek (Treasurer), Calgary
Dr. Noel DaCunha, Westlock
Dr. Sonya Lee, Calgary

Dr. Anila Ramaliu, Calgary
Dr. Randall Sargent, Canmore
Dr. Anthony Train (January to June), Calgary



Under the ACFP's Bylaws, this is a governing board, meeting six times per year to fulfill their role of strategic governance responsibility. The responsibility of management and operational delivery on this strategy is passed on to the Executive Director, Terri Potter. The responsibilities of our Board include ensuring that the ACFP is properly managed, its property and assets are suitably cared for, and high-quality services are provided to all its members.

The ACFP President is also the Board Chair and official spokesperson on issues that arise during and between Board meetings; nonetheless, decisions are made collaboratively by the whole Board. The ACFP Board remains connected, informed, and involved in the provincial health care system and primary care initiatives through various ongoing formal and informal relationships including its active contributions in the Alberta Primary Care Alliance (PCA) that meets to confer and collaborate regarding provincial primary care delivery decisions and directions.



Board Governance Committees

Two committees have been designated by the Board to support its governance functions—Governance Advisory and Finance and Audit.

Governance Advisory Committee

A standing committee of the ACFP Board, the Governance Advisory Committee (GAC) is responsible for the annual recruitment of potential Board members, according to Board-stated needs, along with annual review and provision of recommendations for changes to organizational bylaws and updates to Board policies. This committee must have at least two members from the Board of Directors with the Chair being the Past President, past Board member, or designate from the Board.

The GAC also ensures that the Board:

- Fulfills its legal, ethical, and functional responsibilities through the management of the ACFP's Bylaws,
- Provides oversight of Board and Committee succession, and
- Evaluates the Board as a whole and its individual members.

Members of the 2018 GAC include:

Dr. Cathy Scrimshaw (Chair, January to September), Pincher Creek
Dr. Anila Ramaliu (Chair, October to December), Calgary
Dr. Vishal Singh Bhella (Board Representative), Calgary
Dr. Sudha Koppula (Board Representative), Edmonton
Dr. John Chmelicek (Member-at-Large), Edmonton
Dr. Rollie Nichol (Member-at-Large), Calgary
Dr. Ann Vaidya (Member-at-Large), Calgary

Finance and Audit Committee (FAC)

The ACFP Finance and Audit Committee (FAC) is a standing committee of the Board, with a membership of at least three, chaired by the Board Treasurer.

The FAC is tasked with:

- Assurance that a fully qualified external auditor conducts a competent financial audit annually,
- Presenting audit results to the Board with recommendations as required, and
- Annual review and provision of recommendation for updates to policies related to financial condition and activities, financial planning, budgeting, and regular reporting by the Executive Director.

Members of the 2018 FAC include:

Dr. Clark Svrcek (Treasurer), Calgary
Dr. Vishal Bhella (President), Calgary
Dr. John Chmelicek (Past President), Edmonton
Dr. Christine Ellis (Member-at-Large), Rimbey

Operational Committees

CPD Advisory Committee

The CPD Advisory Committee provides support to the College's CPD initiatives that promote the role family physicians play in delivering the highest quality care to patients and their communities across Alberta. The Committee supports the ACFP's current strategic framework and provides feedback on how they are engaged and responsive to emerging trends in the development and delivery of CPD.

The committee operates in an advisory capacity by providing recommendations to the Executive Director and ACFP Board and represents a strong sample of community doctors across the province:

Dr. Sudha Koppula (Chair), Edmonton
Dr. Carolyn Nowry, (Chair, FMS Planning Committee), Calgary
Dr. Mike Kolber (Chair, PEIP Planning Committee), Edmonton
Dr. Saeed Ahmadinejad, Edmonton
Dr. Alice Bailey, Lethbridge
Dr. Janet Craig, Edmonton
Dr. Mobina Chaudhry, Fort McMurray
Dr. Islam Elawadly, Swan Hills
Dr. Jazmin Marlinga, Calgary
Dr. Donna Mumert, Beaverlodge

Subcommittees of the CPD Advisory Committee includes:

Annual Scientific Assembly (now Family Medicine Summit) Planning Committee:

The Alberta College of Family Physicians (ACFP) Annual Scientific Assembly (ASA) now Family Medicine Summit (Summit) Planning Committee is responsible for the development and delivery of the ACFP's official annual conference and Meeting of Members (AMM).

Practical Evidence for Informed Practice Committee:

The PEIP Conference Planning Committee is a standing committee which plays an integral role in the creation and delivery of an evidence-based, clinically relevant, and thought-provoking CPD event on an annual basis.

Membership Advisory Committee

The Membership Advisory Committee (MAC) serves to ensure the ACFP is meeting the needs of its diverse membership. The committee's role includes being responsive to emergent member needs and, where necessary, creates sub-committees or task forces to identify and meet these needs. This committee reports to the Executive Director with strategies and recommendations and works with the ACFP staff to implement these through operational means.

This committee met three times in 2018, including a productive joint committee meeting with both the CPD Advisory and First Five Years in Family Practice committees. The MAC continues to provide direction on communications, member engagement, and public engagement.

Currently there are two sub-committees of the MAC:

First Five Years in Family Practice Committee:

The First Five Years in Family Practice (FFYFP) Committee supports family physicians in their first five years of practice and family medicine resident transition into practice. The committee acts as a resource to the ACFP for those in the early stages of their career.

Now in its fourth year, the ACFP's FFYFP Committee continues to make progress with



its outreach activities and accomplish the goals they set out to achieve. Highlights in 2018 include:

1. Three articles for members: *Financial Freedom for the (Young) Family Physician, Navigating the World of Insurance, and From Resident to Doctor: Time Management Tips to Help Keep You Sane*
2. Development and presentation of two sessions at the 63rd Annual Scientific Assembly (ASA): *Billing Smarter Not Harder* and *Transition Into Practice*, and hosting a luncheon mixer
3. Presentation of information sessions about the FFYFP Committee to first- and second-year residents at the Universities of Alberta and Calgary,
4. Additional presentations of the *Transitioning from Residency to Practice* session at FREzER, Rural Resident's Academic Day, and *Transition to Practice* events at both the Universities of Alberta and Calgary.
5. Planning, development, and execution of an evening CME and networking session entitled "*Tax Tips for your Practice*." This session was offered through webcasting in addition to in-person and was a great success.

On top of all of this, the committee maintains contact with new physicians through a very active Facebook page, and other social media (#FirstFiveAB). If you want to learn more, just head to www.facebook.com/groups/first5alberta.



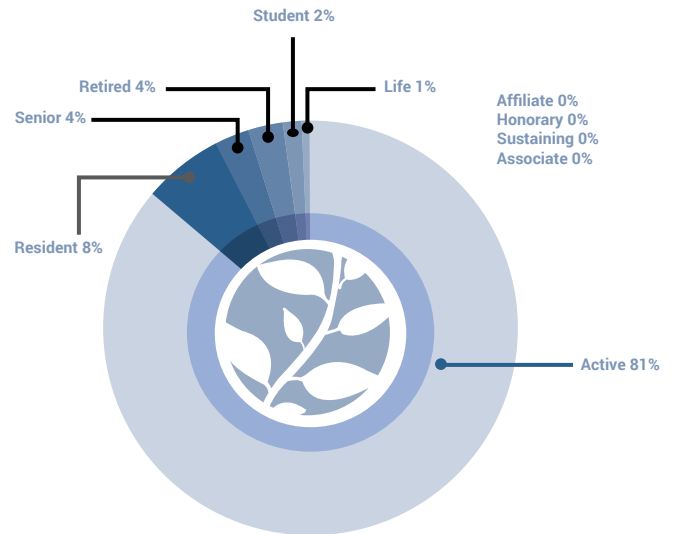
Awards and Recognition Committee

The ACFP Awards and Recognition Committee is an operational committee which plays an important role in building awareness for the ACFP, its members, and the significant role the ACFP plays in the advancing family practice in Alberta. The ACFP Awards and Recognition Committee recognizes, celebrates, and supports family physicians, family medicine residents, and medical students in excellence in leadership, education, advocacy, and research. The committee helps promote the ACFP Awards Program and plays a strong role in scanning viable candidates for national recognition through the College of Family Physicians' Honours and Awards program.

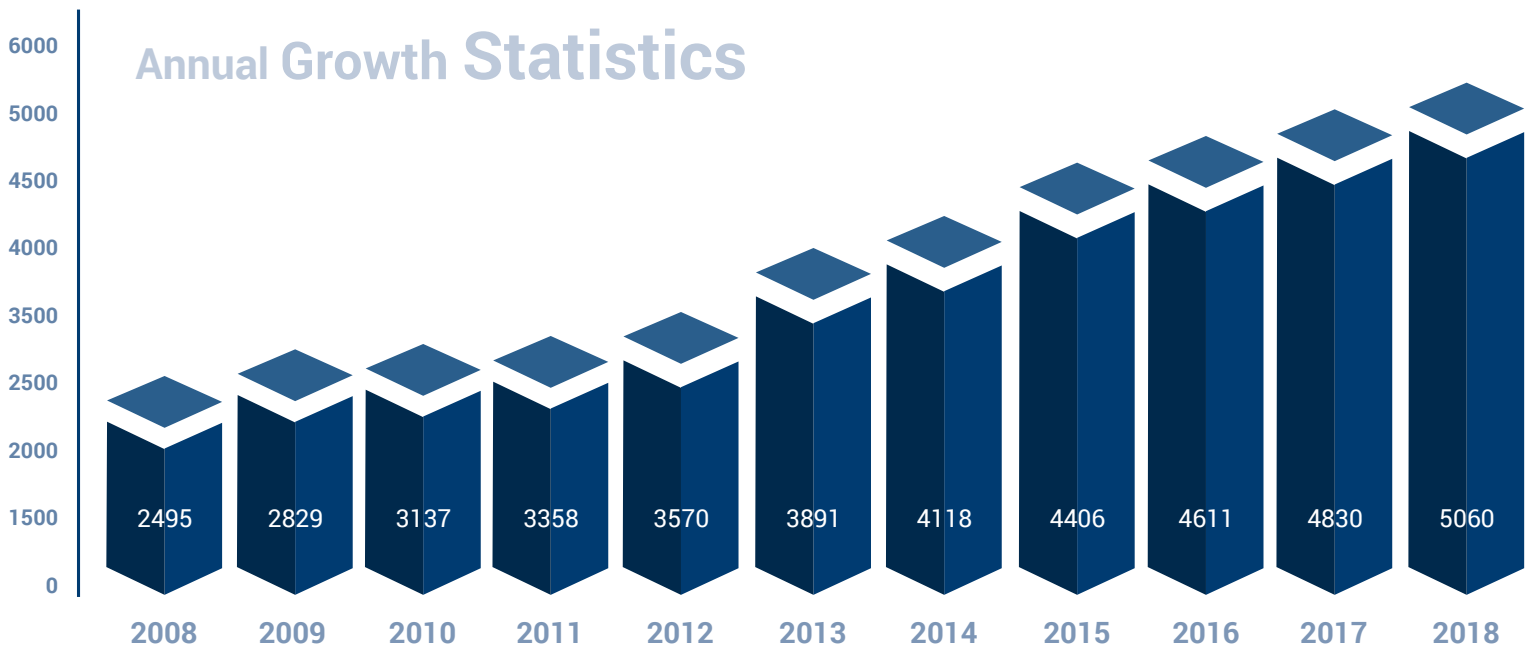
ACFP Membership

Membership Growth

As the provincial Chapter of the CFPC, the ACFP is a professional voluntary organization that represents over 5,060 family physicians, family medicine residents, and medical students in Alberta. Membership continues to increase steadily and rose by 4% by the end of 2018.



Annual Growth Statistics





Member Engagement

New Member Mailout

Throughout 2018 we reached out to all new Chapter members (active and family medicine residents).

The initial letter is accompanied by a package featuring the Who's Who in Health Care document and highlights what ACFP offers to its members:

- Supporting members and their needs through CPD,
- Supporting medical students, family medicine residents, and family physicians in their first five years of practice,
- Bringing the voice of family physicians to the table with external stakeholders,
- Raising awareness of the value of family physicians,
- Providing a source of best practice resources, and
- Striving for leadership in CPD, curriculum development, experiential learning opportunities, and ongoing research that inspires excellence in family medicine.

Medical Students

The Alberta College of Family Physicians (ACFP) continued its outreach initiatives in 2018 targeting Alberta's medical students. Each year the ACFP allocates funds with the provision of increasing awareness among medical students and serves as an opportunity to encourage family medicine as a first-choice specialty through skills acquisition and professional networking.

Promoting Family Medicine to Alberta medical students begin at the time of acceptance where we offer incoming medical students the ability to shadow a rural or urban family physician in a variety of work settings through our Shadowing Program. In 2018, with the partnership of the AMA's Sections of General Practice and Rural Medicine, we were able to give 65 students the opportunity of taking part in the Shadowing Program. We continue our presence by sponsoring and attending each of the University of Alberta and the University of Calgary's medical school orientation. We look forward to the opportunity to welcome medical students and introduce the college.

In 2018, through various learning opportunities, the ACFP collaborated with and supported medical students at the University of Alberta's Information Session, Clinical Skills Workshops, and last year's Alberta Medical Students Conference and Retreat (AMSCAR).

Many of our initiatives were made possible through the countless member volunteers who generously volunteered their time.



"This was an incredible experience and exceeded my expectations. I learned so much and look forward to consolidating this knowledge with course learnings."

"It was fantastic to see a different side of family medicine. I was able to see and experience a variety of patient cases and the doctor was friendly and very willing to answer my questions."

"This program is a great idea. It gives early medical students a taste of family medicine and those first (hopefully positive) impressions are very salient."



Photo courtesy of Rural Health Professions Action Plan (RhPAP)

Awards and Recognition

The ACFP recognizes the achievements and professional commitment of its members and is committed to acknowledging members providing quality patient care through education, research, and promotion of best practices.

Alberta Family Physician of the Year 2018

Congratulations to our 2018 Family Physician of the Year, Dr. G. Michael Allan. Recipients of this prestigious award are chosen by their peers for making significant contributions to the health and well-being of their communities, dedicating themselves to the education of future generations of family doctors, and most importantly, for providing exceptional care to their patients.

Dr G. Michael Allan (Mike) is the Director of Program and Practice Support in the College of Family Physicians of Canada and Professor in the Department of Family Medicine at University of Alberta. He has been in practice 20 years, given over 300 invited presentations and published over 100 articles. He contributes to a regular evidence-based update (called Tools for Practice) distributed to more than 32,000 clinicians and published in the journal "Canadian Family Physician." He also co-presents a weekly medical podcast (on iTunes) called Best Science Medicine podcast.



The one thing I love about Family Medicine is:

The large variety of complex different medical and health issues we see.

One thing that surprised me about being a family physician is: Getting to know the life stories of our patients.

If I wasn't a family physician, I'd be:

An Ecologist.



2018 ACFP Awards Recipients

The ACFP is pleased to honour all recipients of this year's Awards program:

ACFP Family Physician of the Year

Dr. G. Michael Allan, Edmonton

Recognition of Excellence

Dr. Flora Aladi, Calgary

Dr. Sheryl Clain, Calgary

Dr. Teresa Killam, Calgary

Dr. Katrina Nicholson, Cochrane

Dr. Ted Vant, Calgary

Patient's Medical Home Outstanding Family Practice

Wild Rose Medical Centre, Olds

Dr. Margaret Churcher's Clinic, Calgary

ACFP Student Leadership – Rising Star Award

Stephanie Smith, University of Calgary

Lucy Wang, University of Alberta

Family Medicine Resident Leadership Award

Dr. Chris Koo, University of Alberta

Dr. Molly Whalen-Browne, University of Calgary

ACFP New Professional Award

Dr. Lindsay Jantzie, Calgary

Dr. Dinesh Witharana, Stony Plain

ACFP Champion

The ACFP's Opioid Crisis Response Task Force

Rock

Family Docs Rock Campaign



The ACFP's Family Docs Rock campaign is our public awareness campaign promoting the value of family physicians through sharing patient stories.

The campaign tagline helps inspire pride in the profession and family medicine specialty and continues to be well received by members and patients across the province, the country, and abroad.

FAMILY DOCS **Rock**

You Rock, Dr. Phillipot!

A MILLION REASONS WHY SHE ROCKS!

There isn't just one reason why Dr. Phillipot is an amazing family doctor, there's millions of tiny little things she does that makes a difference. Most importantly she listens, she cares, she's genuine, she's helpful, she's kind, she's knowledgeable, and she gives you the time you need.

I moved to Canada 8 years ago and had the pleasure of meeting Dr. Phillipot during one of my OB/GYN appointments, then I was asked which doctor I wanted to be my family doctor, I chose her. She has helped every single member of my family with a variety of issues, our lives have been enriched because of her care and attention.

Thank you, Dr. Phillipot for being you!

The Whyte Family, Red Deer



Highlights in Continuing Professional Development



"Great combination of timely keynotes, breakouts and plenary sessions. Enjoyed online and practical tools for FPs and patients to access. Family Doctor relationship focus throughout. Cheers!"

ACFP Conferences

The Alberta College of Family Physicians hosted its 63rd Annual Scientific Assembly (ASA) on March 2-4, 2018 at the Rimrock Resort Hotel in Banff, Alberta.

Attendance

The conference reached a record-breaking sell-out of 387 family physicians, family medicine residents, medical students, and research participants. Together with speakers, attendance reached 412 on site participants.

In addition to the sell-out, the 63rd ASA also recorded its fastest sell-out to date. The ACFP acknowledges and thanks the 63rd ASA Planning Committee for its insight in determining participant needs and program development for Alberta family physicians in primary care.

Program

The 63rd ASA Group Learning program was certified for up to a maximum of 15 Mainpro+ credits. Presented by 49 speakers, the breakdown of the 38 sessions are as follows:

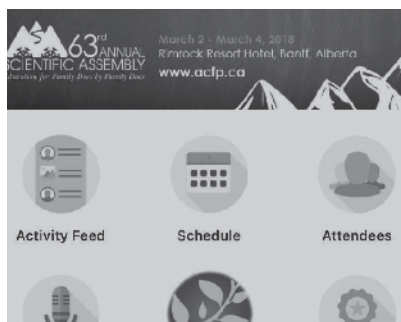
- 5 Pre-conference Programs - 2/3 Credits-Per-Hour
- 6 Keynotes
- 21 Workshops
- 3 Skill Sessions
- 4 Short Snappers + Q&A
- Ancillary Session

Research Poster Presentations & ASA Welcome Reception



Is There an App for That?

Why, yes. ACFP implemented new technology for the ASA including an intuitive, registration system and check in, and an event app. The event app was widely used with a 95% adoption rate.



Networking and Social Opportunities

Doctors' Lounge at Diva's

ASA registrants mingled in the Doctors' Lounge at Diva's following the conclusion of the conference program on Friday and Saturday.

Saturday Family Movie Night

Family Movie Night continues to attract registrants and their families on Saturday evening. Held in the Hawthorn rooms, the film shown is based upon the most votes cast throughout the ASA.

Sponsorship

The Sponsorship Program for the 63d ASA was another sell-out, with the participation of 23 sponsors.

For 2018 the program was adjusted to incorporate more non-profit participation using an invitational approach beginning with non-profit organizations, then for-profit companies where physicians are primary consumers, and then by health care/ pharmaceuticals/industry) companies.

The What's Up Doc? Oral Presentations and the Research Poster Presentations and ASA Welcome Reception were very well attended and recognized the top achievements in family medicine and primary care research. More than 58 submissions were submitted to the ACFP's Call for Research, with 19 oral and 26 posters approved for presentation.



ACFP Launches a New Name for the ASA!

At the 63rd Annual Scientific Assembly, the ACFP launched a new name for their annual conference – The Family Medicine Summit (The Sumnit)!

Same Great Conference Experience and Even Better Name Why the Change?

The Alberta College of Family Physicians has been connecting, learning, and celebrating for 64 years. The provincial chapter was founded upon sharing knowledge and best practice among our members.

We pride ourselves in delivering practice-changing continuing professional development that is thought-provoking and relevant. We wanted a name that describes the experience we strive to provide—an instantaneous connection that holds meaning, pride, and community.

As our signature event, the Family Medicine Summit opens a window into the ACFP.

CELEBRATE...

CONNECT...

LEARN...



Practical Evidence for Informed Practice (PEIP) Conference

The seventh annual PEIP conference continued its tradition of being a “can’t miss” CPD opportunity for ACFP/CFPC members and their allied health care colleagues from across the country. The conference format—a day and a half of short plenary sessions followed by a rapid-fire question and answer period—continues to receive positive feedback from attendees.

For the second year in a row, the conference offered a live-streaming webcast option for out-of-province colleagues and those who could not travel. In-person attendees exceeded 375, and the webcast component saw a marked increase in attendees to 260 virtual attendees (including 16 clinics). In total, PEIP 2018 was delivered to more than 660 primary care providers across the country.

Also featured in 2018 were two pre-conference sessions on opioids: OATs Aren’t Just for Breakfast, and a Collaborative Mentorship Network Information Session. Both sessions were certified and attracted 60 registrants each.



"Thank you so much for changing my perspectives on things and for creating an engaging and social atmosphere"

"The most efficient and pragmatic way of keeping up with practice-altering knowledge that remains committed to the values of true evidence-based recommendations and no industry influence. Thank you."

"As always, great information presented by interesting presenters that are easy to listen to"

CPD Outreach Programs

The ACFP hosts a variety of additional CPD programs each year. These outreach opportunities are housed within our Evidence and CPD Program, and through our other Chapter partnerships.

Practising Wisely Program



Practising Wisely focuses on developing the skills of primary care providers, particularly family physicians, to “practice wisely” by navigating through relevant online resources that support their own understanding of available evidence, enabling them to participate in informed, shared decision-making with their patients.

Developed by the Ontario Chapter, this program uses case studies that reflect real life scenarios.

The program was recertified in 2018 for both the two- and three-credits-per-hour. In the second year of ACFP overseeing the circulation of the program in Alberta, the program continues to sell-out. Five workshops were held in 2018 with ninety-eight percent of attendees rating the program as relevant to their practice.

Evidence and CPD Program



Proudly sponsored by the ACFP, the Evidence and CPD Program is run in partnership with the University of Alberta’s PEER (formerly Evidence Based Medicine) team, with additional in-kind support from

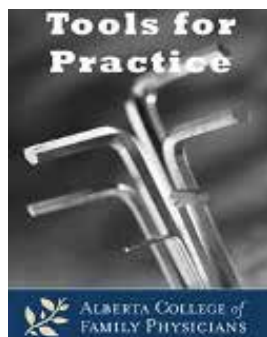
the University’s Centre for Life Long Learning via the provision of additional team members as required for delivery and execution.

Best Practice Support Visits (Academic Detailing)

This program is similar to Family Medicine Rounds and saw the participation of ~700 physicians from seven PCNs province-wide over the 2017-18 season. The teaching sessions are developed by the PEER team and delivered to a small group of pharmacists from participating PCNs who then hold sessions in their local PCNs to disseminate content and teachings to local physicians. Sessions are presented in 30 minute blocks and are both didactic and interactive.

This program is certified as a two-credit-per-hour program by the PEER team who has taken over the administration and delivery of the program since the 2017-2018 season, which has seen the addition of two PCNs, bringing the total to seven province-wide.

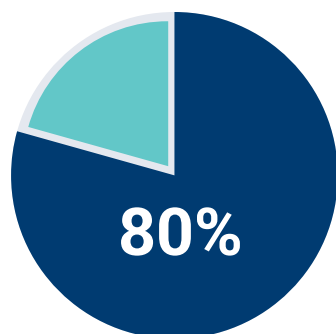
CPD and Practice Supports Online



Tools for Practice Articles

The Tools for Practice articles are distributed to more than 35,000 family physicians and allied health care providers across Canada and internationally and the Tools for Practice webpage continues to account for approximately 10% of the overall traffic to the ACFP website.

To maintain the high standard of quality, accuracy, and academic integrity, all articles are authored by at least one practising family physician, based on best available evidence and free of industry bias, and peer reviewed.



Of ~ 38,000 physicians
across Canada

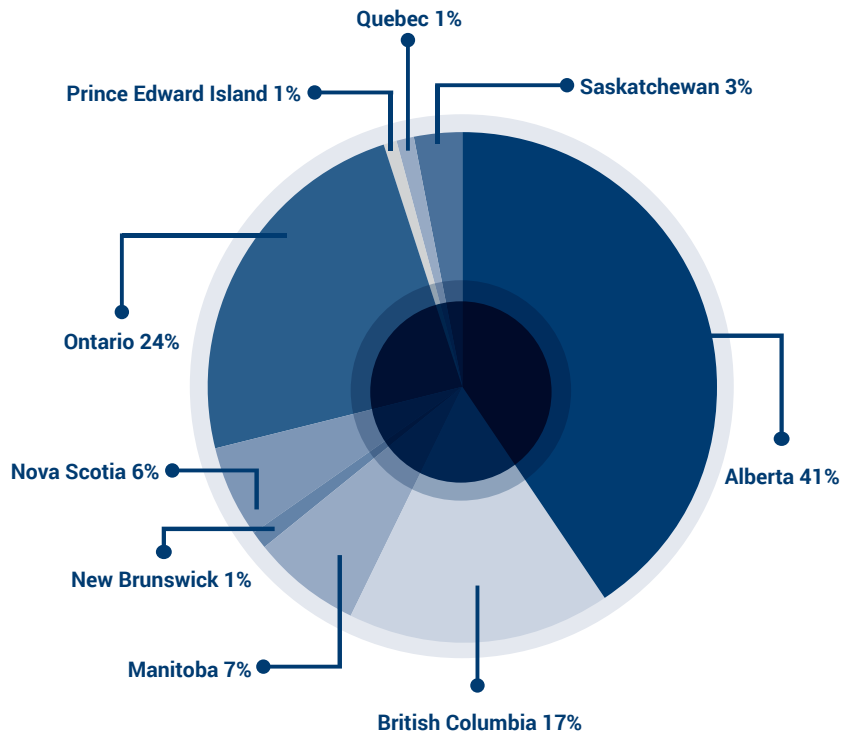
- Physicians who receive TFP
- Physicians who don't





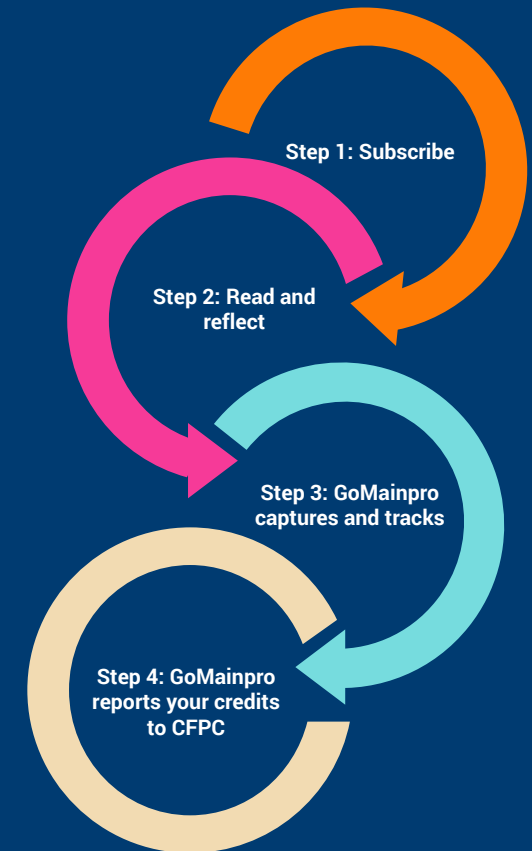
GoMainpro

GoMainpro, the ACFP's online learning platform added several new product enhancements including a fresh new user interface and several video libraries from the Practice Evidence for Informed Practice conference and the Annual Scientific Assembly. The learning platform saw a steady increase of subscribers and has more than doubled its numbers.



GoMainpro Reflective Exercise

Being as easy as 1-2-3-4, more than 5,100 reflective exercises were completed in 2018.



97% 93% 76%

This tool for practice is relevant to primary care

I can apply this information to my patients

I learned something new

The Leadership Registry

Engage Primary Care

Officially launched in 2016, the EngagePrimaryCare.com portal has created a registry of over 250 physician leaders willing to take on some sort of leadership role to advance the principles of the Patient's Medical Home.

By utilizing the registry, the ACFP and its partners are facilitating more involvement of family physicians in system-wide decision-making, as well as allowing more family physicians to accept leadership opportunities within their areas of interest. We have successfully matched more than 40 physicians since the site's launch with a variety of initiatives fulfilling requests and developing partnerships with Alberta Health Services Strategic Clinical Networks, Alberta Health Services Programs (eReferral, Netcare, Enhanced Recovery, Clinical Knowledge and Content Management Services), AMA's Toward Optimized Practice, Choosing Wisely Alberta, and the CFPC.

The goal of the Engage Primary Care portal is to provide a one-stop-shop for physician engagement and the development of a support process for physicians engaged in leadership activities. With the help of our partners, we don't just engage physicians, we create ongoing relationships.



255

family physicians in
the registry



17

initiatives successfully
matched with
physicians through the
portal in 2018

Certification and the CERT+ platform

On January 1, 2018, the National Standard for Support of Accredited CPD Activities came into effect in Canada. These standards were developed to safeguard the integrity of accredited CPD activities from the influence of sponsoring organizations that could lead to bias.

Adherence to the National Standard is mandatory for the approval of all certified CPD activities included within the Canadian national/provincial CME/CPD accreditation systems for physicians. All activities seeking certification from the College for Mainpro+ credits must be developed in compliance with the National standard.

The ACFP provided support throughout 2018 to CPD Providers as they adjust their internal processes and policies related to the development of certified CPD activities being held in Alberta.

Certifying CPD Opportunities for Family Physicians

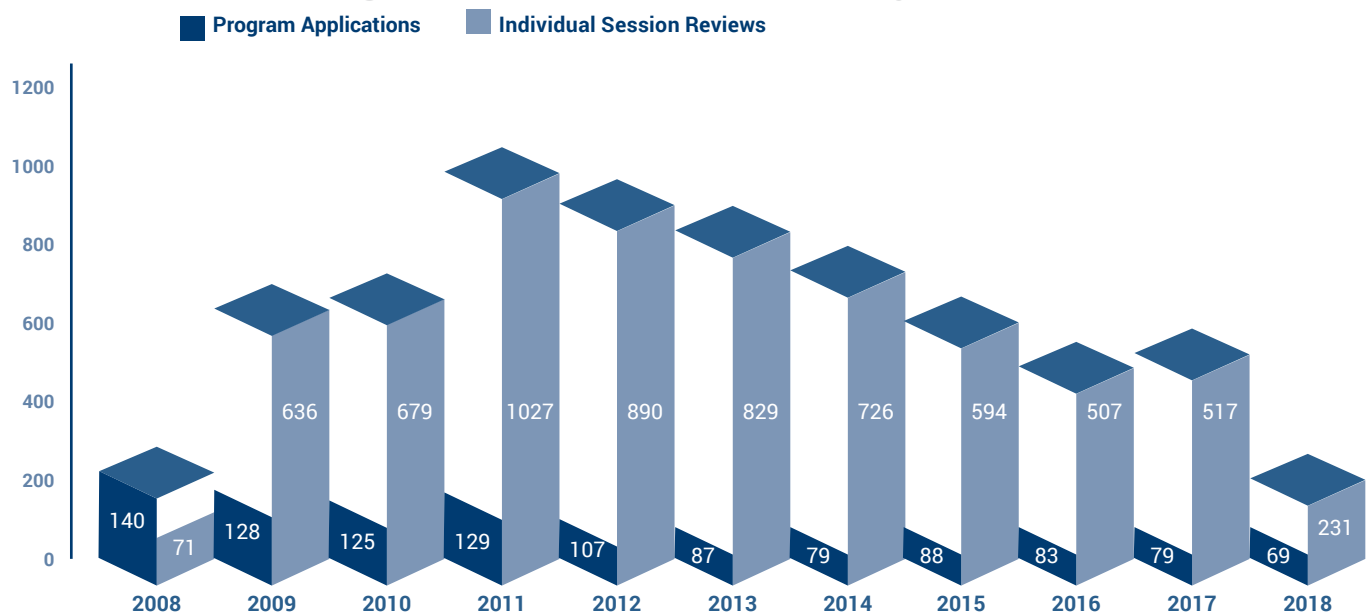
The ACFP has an important role in certifying provincial programs seeking one-credit-per-hour certification. Applications are received by our office through the CFPC's CERT+ online platform which allows for all supporting documentation to be uploaded at the time of application.

Program applications received by the ACFP are screened by ACFP staff trained in Mainpro+ certification requirements to ensure the application can continue to the review stage. Any deficiencies found within the application submission are identified and staff work with providers to ensure these deficiencies can be appropriately addressed prior to the application moving forward to a reviewer.

CFPC trained reviewers in Alberta ensure the topic is relevant to family medicine and the content presented is scientifically valid. They also ensure the processes identified by the scientific planning committee in the development of the program content meet CFPC certification standards and criteria. Programs successful in meeting the quality criteria are approved for certification by the ACFP.

In 2018, the ACFP received and processed 69 program applications and 231 individual session reviews. While program applications in 2018 remained on trend with 2017, the ACFP experienced a decline in session reviews. This decline was anticipated as many session reviews are related to programs for which providers have found it necessary to adjust their policies to ensure compliance with the National Standard for Support of Accredited CPD Activities.

CPD Program Certification Activity



10th National CPD Accreditation Conference

An Alberta NCCPD committee member, and several ACFP staff attended and participated in the 10th National CPD Accreditation Conference in Mississauga in the fall of 2018. This conference is co-hosted by the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada, and provides information on policies that will support future CPD development, including innovative learning opportunities and initiatives. The conference provides an invaluable opportunity for ACFP representatives to network with other accredited provider organizations across Canada.



Research

Supporting Family Medicine and Primary Care Research in Alberta

We continued to support our family medicine research community by providing the opportunity to build capacity in research through our Research Showcase held during our annual conference in Banff.

In 2018, a total of 45 research abstracts were selected for oral presentation/poster display at the Research Showcase highlighting just a few of the many research questions generated in community-based practice. Program evaluations on projects relevant to primary care were also featured.

Awards were presented during the evening reception to the top three research projects in both the oral and display categories. Recipients of the awards were determined through a peer-review process, and evaluated on: relevance and importance to family medicine; relevance to primary care research and researchers; Innovation/originality; clear, well-written description, well-defined objectives and appropriate learning methods/style.

We were honoured to acknowledge the following:

POSTER Display Category

1st Place

Integrating Elements of Observable Behaviour into an Effective Progress Report to Make High Stakes Decisions About Resident Competence

2nd Place

Development of Multi-Faceted Education Workshops to Enhance Safe Opioid Prescribing

3rd Place

Physicians as Teachers and Lifelong Learners: The Roles of Basic Psychological Need Satisfaction and Involvement in Clinical Teaching

ORAL Presentation Category

1st Place

Chaperone Use – What Do Patients Want?

2nd Place

Knowledge Synthesis and Actionable Recommendations for Better Wise: Improving Cancer Surveillance for Breast, Colorectal, and Prostate Cancer Survivors

3rd Place

A Funny Thing Happened on the Way to an App



Partnerships and Coalitions



Primary Care Alliance

The ACFP remains an active member of the Alberta Primary Care Alliance (PCA) which brings together the experience and expertise of physician partners who are involved in the advancement and improvement of primary care for all patients, families, and communities in Alberta.

Members of the PCA bring together multiple perspectives, resources and mandates to facilitate ways to collectively address and improve primary health care province-wide and to advocate and support their constituents in that improvement. Building on existing member organizations' strategic directions, the Alliance's goal is to foster a coordinated and aligned approach to meet the needs of patients, caregivers, families, primary care teams, PCNs, and the healthcare system not only today but into the future.

Its mission is to serve as a family physician forum for strategic discussion and establishment of shared goals and collaborative action for the advancement of the Patient's Medical Home in Alberta.

The PCA's vision is every Albertan having access to a home in the health care system that includes their own family physician and a team of providers, ensuring they are provided timely, comprehensive, and continuity of care.

To that end, the PCA upholds:

- The shaping, development, and launch of the Primary Health Care Integration Network,
- The building and continuous support of a Physician Leader Network,
- Collaborating on the Primary Health Care Opioid Response Initiative,
- Informing the technological developments that support the PMH, continuity, and collaborative care, and
- Meeting with delegations to bring the primary care perspectives to external projects and initiatives.

PCA Membership includes:



ALBERTA COLLEGE of
FAMILY PHYSICIANS



ALBERTA
MEDICAL
ASSOCIATION

Section of
General Practice
Section of
Rural Medicine



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Department of Family Medicine



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Department of Family Medicine

Primary Health Care Opioid Response Initiative

Tackling the opioid crisis in Alberta will require new approaches and an immediate response of the entire health system to change its trajectory. The engagement and response of primary care physicians, their teams and Primary Care Networks (PCNs) in Alberta will be essential in defining new primary health care approaches to address the crisis and the systemic issues contributing to the crisis.

The Primary Health Care Opioid Response Initiative (PHC ORI) is a multi-stakeholder project funded by the Alberta Health Minister's Opioid Emergency Response Commission (MOERC) through a grant agreement with the Alberta College of Family Physicians (ACFP). The ACFP, Alberta Medical Association (AMA) and Alberta Health Services (AHS) and Primary Care Networks (PCNs) worked together to lead this essential work to focus the primary care response that will continue through March 2020.

The project supports activities aimed at addressing the opioid crisis, including:

- Urgent Opioid Response - addressing the urgent needs of those in crisis through the provision of Opioid Agonist Therapy (OAT) and distribution of naloxone kits within primary care settings.
- Enhanced Provider Decision Support, Knowledge Translation and Education - ensuring basic knowledge and competencies to support patients with addiction, mental health and pain issues, and changing current practice within primary care clinics and PCNs to better care for individuals using opioids.
- Enhanced Opioid Related Service Delivery through Zone PCN Committee Engagement, Planning and Implementation – developing new integrated care models coordinated with partners including AHS addiction and mental health services and community services.

Results of the PHC ORI will be evaluated and will result in an interim evaluation in March of 2019 and final report at the completion of the project in 2020.





Alberta Seniors Care Coalition

In 2017 the College of Licensed Practical Nurses of Alberta (CLPNA) took over the ACFP's position as secretariat, assuming the Committee Chair's responsibilities of the Alberta Seniors Care Coalition (ASCC).

With priorities of multidisciplinary integration in all clinical work and capacity building in primary health care, the ASCC continues its work with partners and networks involved in senior's health care in Alberta.

The Committee meets quarterly, sharing with each other the work being done by each individual organization with regards to seniors care and identifying where we can work together.



Collaboration for Change Initiative

The ACFP remains an active member of the Alberta Collaboration for Change Initiative (CCI). This coalition is committed to improving primary care through dialogue, mutual exploration, and citizen-centred action.

Guided by the vision of the Patient's Medical Home, Collaboration for Change brings together a group of provider organizations with distinct practice perspectives and aims to enable patient engagement by focusing on the patient's journey of care.

A composite image featuring a close-up of a calculator with a grid overlay, a blurred document with a pen, and a blue geometric pattern of cubes. A dark blue horizontal band across the middle contains the text "Financial Highlights".

Financial Highlights

Financial highlights - Statement of Financial Position - December 31, 2018 (audited)

	2018	2017 (Restated - Note 3)
ASSETS		
CURRENT		
Cash and cash equivalents (Note 4)	\$ 2,418,466	\$ 1,444,527
Cash held in Trust (Note 7)	4,095,901	
Accounts receivable	134,211	28,310
Prepaid expenses	43,759	58,018
	6,692,337	1,530,855
EQUIPMENT (Note 5)	37,860	40,236
	\$ 6,730,197	\$ 1,571,091

LIABILITIES AND NET ASSETS

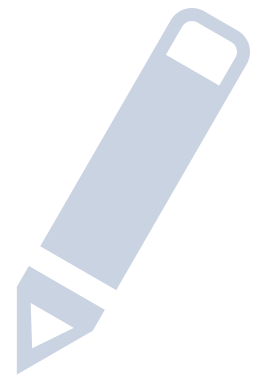
CURRENT		
Accounts payable and accrued liabilities	\$ 136,916	\$ 88,330
Good and services tax payable	3,018	460
Deferred revenue (Note 6)	1,555,216	523,595
Due to Opioid Initiative Grant recipients (Note 7)	4,095,901	-
	5,791,051	612,385
EMPLOYEE FUTURE BENEFITS OBLIGATION (Note 10)	174,600	166,700
	5,965,651	779,085

NET ASSETS

Unrestricted operating fund	(35,413)	(1,335)
Internally restricted	762,099	753,105
Invested in property and equipment	37,860	40,236
	764,546	792,006
	\$ 6,730,197	\$ 1,571,091

Financial Highlights - Statement of Operations - for the year ended December 31, 2018 (audited)

	2018	2017
Revenue		
Membership fees (Note 8)	\$ 1,094,425	\$ 1,073,699
Opioid Initiative Grant	760,633	10,380
Family Medicine Summit	334,566	281,287
Evidence Based Medical Conference	225,866	211,441
Other Grants (Note 8)	67,040	75,356
Continuing medical education	54,500	87,900
Education Outreach	53,277	57,593
GoMainPro alliance and subscription fees	17,903	10,838
Interest	12,202	4,100
Other	5,820	23,478
Share of FMF Surplus from National	1,802	-
Evidence Based Medicine Programs	-	37,493
Family Physician Leadership Initiative	-	15,581
	2,628,034	1,889,146
Expenses		
Opioid Initiative	760,633	10,380
Salaries and wages	432,987	542,787
Family Medicine Summit	384,931	337,134
Evidence Based Medical Conference	207,390	183,489
Evidence Based Medicine Programs	194,416	176,028
Family Physician Leadership Initiative	136,915	151,214
Travel	96,920	118,708
Office and telephone	95,226	106,243
Education Outreach	73,987	62,638
Rent and occupancy costs	66,954	63,985
Honorariums	55,917	44,200
Special Projects	43,605	10,104
Student and resident support	38,556	34,139
Professional fees	30,906	24,992
Amortization	17,064	12,317
Goods and services tax	13,740	12,223
Sponsorships	1,117	1,781
	2,651,264	1,892,362
EXCESS OF REVENUES OVER EXPENSES BEFORE OTHER EXPENSES	(23,230)	(3,216)
Loss on disposal of property and equipment	4,230	816
DEFICIENCY OF REVENUES OVER EXPENSES	\$ (27,460)	\$ (4,032)



Executive Director's Message

2018 has been an amazing year of continued organizational growth and relationship building within the health care system. With the added responsibility of being the Secretariat for the Primary Health Care Opioid Response Initiative (PHC ORI), working on projects with our Provincial, Zone and Primary Care Network partners, and managing through changes in Board and Staff, we have managed to deliver on our goals and objectives.

The staff team at the ACFP works diligently throughout the year to provide support, services, and programs to members. Efforts are made to build strong relationships with our partners in the pursuit of excellence in primary care. The team is an effective and passionate group of people, dedicated to delivering on the strategic direction of the Board focusing on quality and member value.

I would like to thank the following dedicated people for their care and contributions in 2018:

Darlene Niederhaus – Executive Assistant

Susan Wong Armstrong – Manager, Communications and CPD Programs

MaryLee Vaughan – Manager, Finance and Operations

Lorraine Dubois – Coordinator, Mainpro+ and CPD Programs

Wendy Steele – Coordinator, Communications and Events

Sharon Nickel – Coordinator, Evidence and CPD Program

Adam Filiatreault – Coordinator, Leadership Program

Adrienne Lindblad – Coordinator, Knowledge Translation and Evidence Program

Susan Soufi – Coordinator, CERT+ and CPD Programs

Cora-Lee Polansky – Project Manager, Primary Health Care Opioid Response Initiative

Betsy Thomas - Project Manager, Opioid Response Evidence and Knowledge Translation

Danielle Perry – Knowledge Translation Expert, Opioid Response

We are looking forward to a fantastic year of continued success and growth at the Alberta College of Family Physicians. I am proud to be associated with such a progressive and visionary organization that strives to serve and provide value to its members through leadership, advocacy, education, and professional connections.

Sincerely,

Terri Potter

Executive Director, ACFP



ALBERTA COLLEGE *of*
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