Using the POMI Information for Physicians





The Prescription Opioid Misuse Index (POMI) is a case finding tool that can be useful in patients receiving prescription opioids where a diagnosis of opioid use disorder is suspected.

A score of two or more makes the diagnosis more likely.



POMI Questionnaire



Questions	Response	
1. Do you ever use more of your medication, that is, take a higher dose, than is prescribed for you?	YES	NO
2. Do you ever use your medication more often, that is, shorten the time between doses, than is prescribed for you?	YES	NO
3. Do you ever need early refills for your pain medication?	YES	NO
4. Do you ever feel high or get a buzz after using your pain medication?	YES	NO
5. Do you ever take your pain medication because you are upset, using the medication to relieve or cope with problems other than pain?	YES	NO
6. Have you ever gone to multiple physicians, including emergency room doctors, seeking more of your pain medication?	YES	NO