Alberta College of Family Physicians

Year In Review
2019

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President's Message

On behalf of the Board of Directors of the Alberta College of Family Physicians (ACFP), I would like to thank you for your engagement and support this past year. 2019 was a year that saw many changes, many directly affecting health care. While the context that we work in changes around us, the ACFP has been working to adapt and build supports for family physicians that address the systemic and clinical needs of patients and family practice.

- Over the last few years, we have had the opportunity to lead the Primary Health Care Opioid Response Initiative (PHC ORI) while working with multiple partners on opioid use disorder and pain management guidelines, knowledge translation, and system supports.
- Across the province, we have fostered great working relationships, networked with newly appointed leaders in primary care governance, and we see so much opportunity to expand our impact as not only an organization, but also as an engaged, influential partner in shaping health care.
- Our prolific partnership with Patients Experience Evidence and Research (PEER) Team reached a couple important milestones this year with ten years in partnership and 250 Tools for Practice articles!
- We reached record numbers of members participating in our annual conferences and online learning platforms.
- New partnerships are underway to link with Alberta Health and Alberta Health Services to respond to the rapid changes in population health needs as well as technical and clinical advancements impacting family practice.
- We are building a reputation as a practical, responsive, collaborative organization with excellent staff and medical leaders to contribute to system needs.
- The ACFP Board has developed a new Strategic Framework for 2020-2025 to guide our efforts and ensure clear focus on results needed.

As always, we are looking forward to what may be required of us in the years to come. We will be reaching out to you on several occasions to ask for your input on things that matter to you in 2020. Check out the contents of our Year in Review and feel free to reach out to us at any time with your comments.

Sincerely,

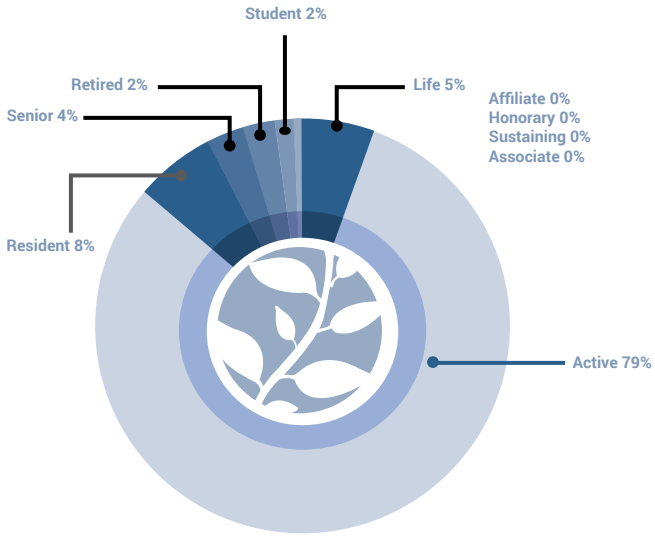
Vishal Bhella MD, CCFP
President
Alberta College of Family Physicians

Engaging and Empowering Our Members

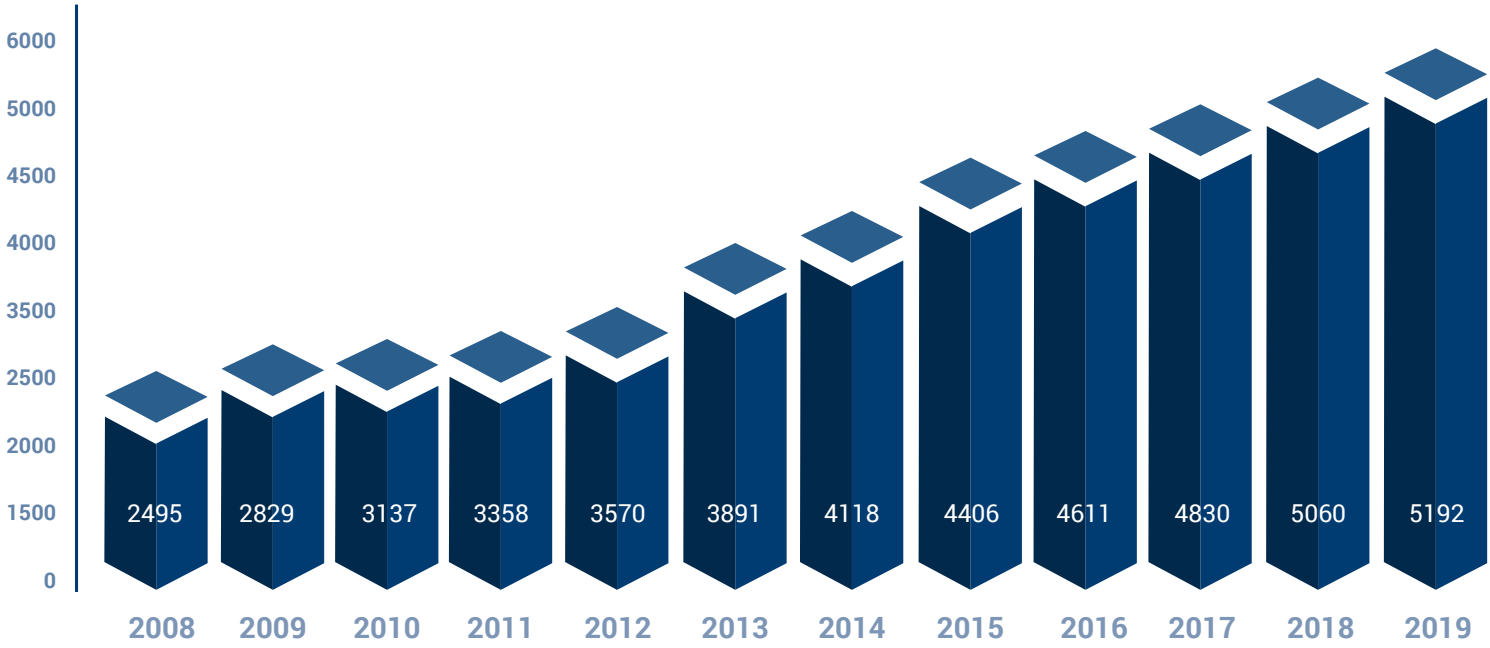
Membership Growth

As the provincial Chapter of the CFPC, the ACFP is a professional voluntary organization that represents more than 5,192 family physicians, family medicine residents, and medical students in Alberta. Membership continues to increase steadily and rose by 3.5% by the end of 2019.

ACFP Membership



Annual Growth Statistics



Board of Directors

The ACFP Board of Directors is comprised of nine Directors. They are:

Dr. Vishal Singh Bhella, (President), Calgary

Dr. John Chmelicek (Past President), Edmonton

Dr. Sudha Koppula (Secretary), Edmonton

Dr. Clark Svrcek (Treasurer), Calgary

Dr. Noel DaCunha, Westlock

Dr. Sonya Lee, Calgary

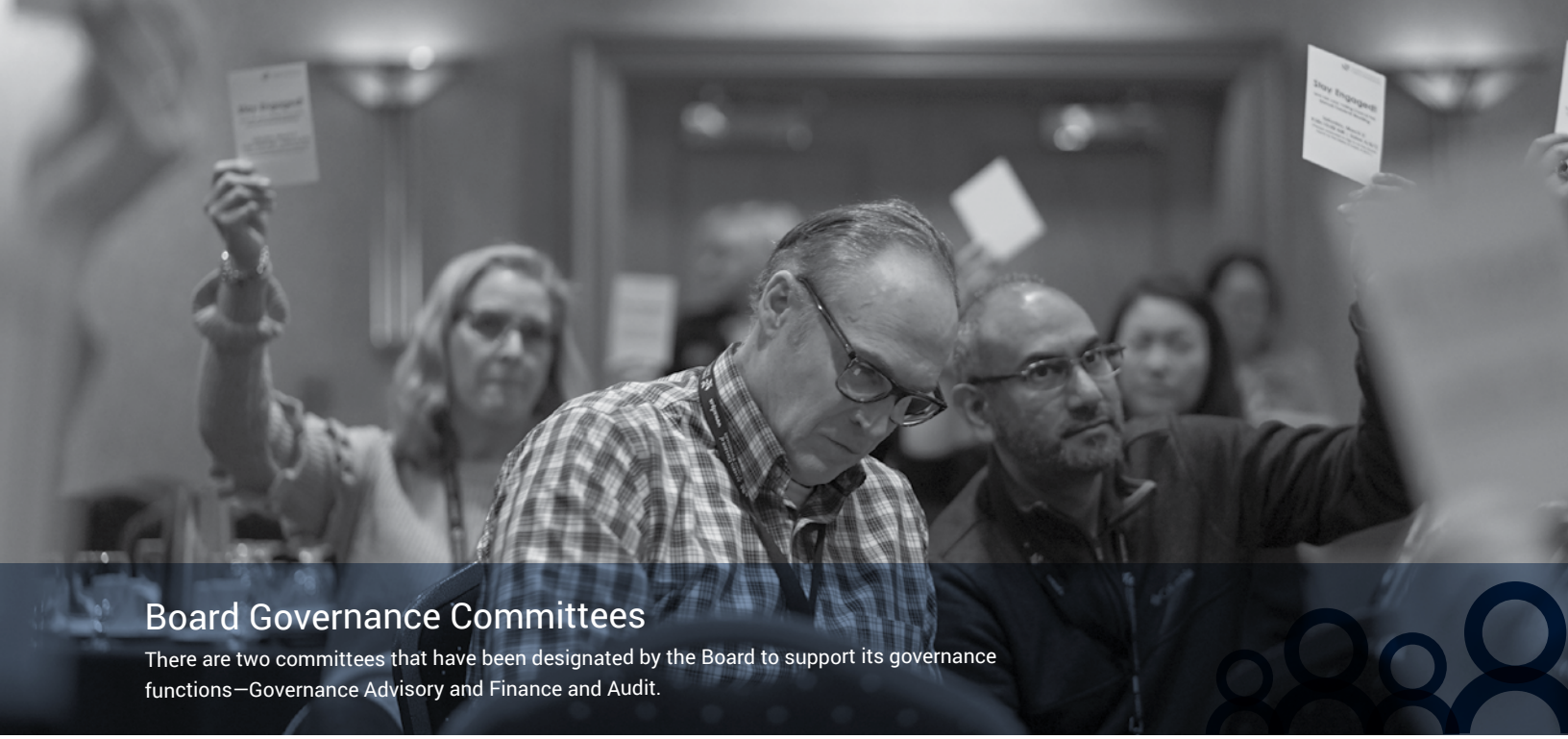
Dr. Donna Mumert, Beaver Lodge

Dr. Anila Ramaliu, Calgary

Dr. Randall Sargent, Canmore

Under the ACFP's Bylaws, this is a governing board, meeting six times per year to fulfill their role of strategic governance responsibility. The responsibility of management and operational delivery on this strategy is passed on to the Executive Director, Ms. Terri Potter. The responsibilities of our Board include ensuring that the ACFP is properly managed, its property and assets are suitably cared for, and high-quality services are provided to all its members.

The ACFP President is also the Board Chair and official spokesperson on issues that arise during and between Board meetings; nonetheless, decisions are made collaboratively by the whole Board. The ACFP Board remains connected, informed, and involved in the provincial health care system and primary care initiatives through various ongoing formal and informal relationships including its active contributions in the Alberta Primary Care Alliance (PCA) that meets to confer and collaborate regarding provincial primary care delivery decisions and directions.



Board Governance Committees

There are two committees that have been designated by the Board to support its governance functions—Governance Advisory and Finance and Audit.

Governance Advisory Committee

A standing committee of the ACFP Board, the Governance Advisory Committee (GAC) is responsible for the annual recruitment of potential Board members according to Board-stated needs, along with annual review and provision of recommendations for changes to organizational bylaws and updates to Board policies. This committee must have at least two members from the Board of Directors with the Chair being an ACFP Board or Past Board Member.

The GAC also ensures that the Board:

- Fulfills its legal, ethical, and functional responsibilities through the management of the ACFP's Bylaws and Board Policies,
- Provides oversight of Board and Committee succession, and
- Evaluates the Board as a whole and its individual members.

Finance and Audit Committee (FAC)

The ACFP Finance and Audit Committee (FAC) is a standing committee of the Board, with a membership of at least three, chaired by the Board Treasurer.

The FAC is tasked with:

- Assurance that a fully qualified external auditor conducts a competent financial audit annually,
- Presenting audit results to the Board with recommendations as required, and
- Annual review and provision of recommendations for updates to policies related to financial condition and activities, financial planning, budgeting, and regular reporting by the Executive Director.

Operational Committees

Continuing Professional Development (CPD) Advisory Committee Advisory Committee

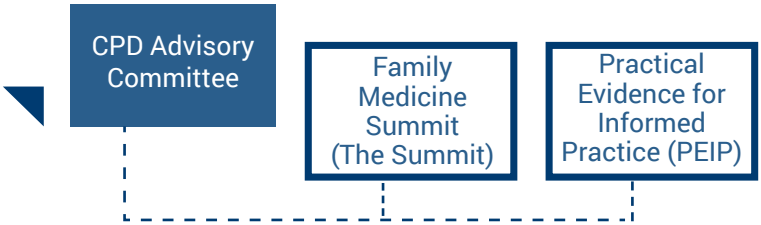
The CPD Advisory Committee provides support to the College's CPD initiatives that promote the role family physicians play in delivering the highest quality care to patients and their communities across Alberta. The Committee supports the ACFP's current strategic framework and provides feedback on how they are engaged and responsive to emerging trends in the development and delivery of CPD.

Family Medicine Summit Planning Committee

The Family Medicine Summit (the Summit) Planning Committee is responsible for securing engaging, expert presenters to deliver timely, cutting edge education at ACFP's official annual conference for family physicians. The Summit provides takeaway lessons for family physicians which can be immediately incorporate into their practice.

Practical Evidence for Informed Practice Committee

The Practical Evidence for Informed Practice (PEIP) Conference Planning Committee is a standing committee which plays an integral role in the creation and delivery of an evidence-based, clinically relevant, and thought-provoking CPD event on an annual basis.



Membership Advisory Committee

The Membership Advisory Committee (MAC) serves to ensure the ACFP is meeting the needs of its diverse membership. The committee's role includes being responsive to emergent member needs and, where necessary, creates sub-committees or task forces to identify and meet these needs. This committee reports to the Executive Director with strategies and recommendations and works with the ACFP staff to implement these through operational means.

This past year, the committee played an integral role in informing our Member Interest survey.

Member Engagement

As a member organization, creating a positive engagement experience with our members is our top priority. Whether it is a simple email exchange, telephone conversation, or attending one of our CPD events, the ACFP is committed to listening to our members and understanding their needs.

Question 3:

How important is public awareness and the promotion of the role and value of a family physican?

1 = Not Important
10 = Very Important

Average 8.80

1	2	3	4	5	6	7	**8**	9	10

Question 4:

How important do you feel it is for the ACFP to continue its advocacy efforts in influencing and informing public and health policy?

1 = Not Important
10 = Very Important

Average 8.92

1	2	3	4	5	6	7	**8**	9	10

Question 6:

Top 5 Clinical Areas of Interest

First Five Years in Family Practice Committee

The First Five Years in Family Practice (FFYFP) Committee supports family physicians in their first five years of practice and family medicine residents' transition into practice. The Committee acts as a resource to the ACFP for those in the early stages of their career.

Now in its fifth year, the ACFP's FFYFP Committee continues to make progress with its outreach activities and accomplish the goals they set out to achieve. Highlights in 2019 include:

1. Contribution of five articles for members to the committee written blog on the ACFP's website as well as publication in the newsletter: Locums 101, Building a Patient Panel: Meet and Greets, Reflections One Year into Practice, Helpful Tools for Family Docs, and The How and Why of Going Back to Residency.
2. Development and presentation of two sessions at the 64th Annual Family Medicine Summit: Locums and Other Side Gigs and Wrapping Your Head Around Wound Care
3. Organization and hosting of a FFYFP lunch-mixer at the Summit.
4. Presentation of information sessions about the FFYFP Committee to first- and second-year residents at the Universities of Alberta and Calgary.
5. Additional presentations of the Transitioning from Residency to Practice session at FREzER, Rural Resident's Academic Day, and Transition to Practice events at both the Universities of Alberta and Calgary.

On top of all of this, the committee maintains contact with new physicians through a very active Facebook page and other social media (#FirstFiveAB). If you want to learn more, just head to www.facebook.com/groups/first5alberta.

Awards and Recognition Committee

The ACFP Awards and Recognition Committee is an operational committee which plays an important role in building awareness for the ACFP, its members, and the significant role the ACFP plays in the advancing family practice in Alberta. The ACFP Awards and Recognition Committee recognizes, celebrates, and supports family physicians, family medicine residents, and medical students in excellence in leadership, education, advocacy, and research. The Committee helps promote the ACFP Awards Program and plays a strong role in scanning viable candidates for national recognition through the College of Family Physicians' Honours and Awards program.

Connecting with Emerging Leaders

Medical Students & Residents

The ACFP continued its outreach initiatives in 2019 targeting Alberta's medical students and supporting family medicine residents. Each year ACFP allocates funds with the provision of increasing awareness among medical students and supporting residents pursuing family medicine. The ACFP supports and participates in activities with medical students that serve as opportunities to encourage students to consider family medicine as a first-choice specialty through skills acquisition and professional networking.

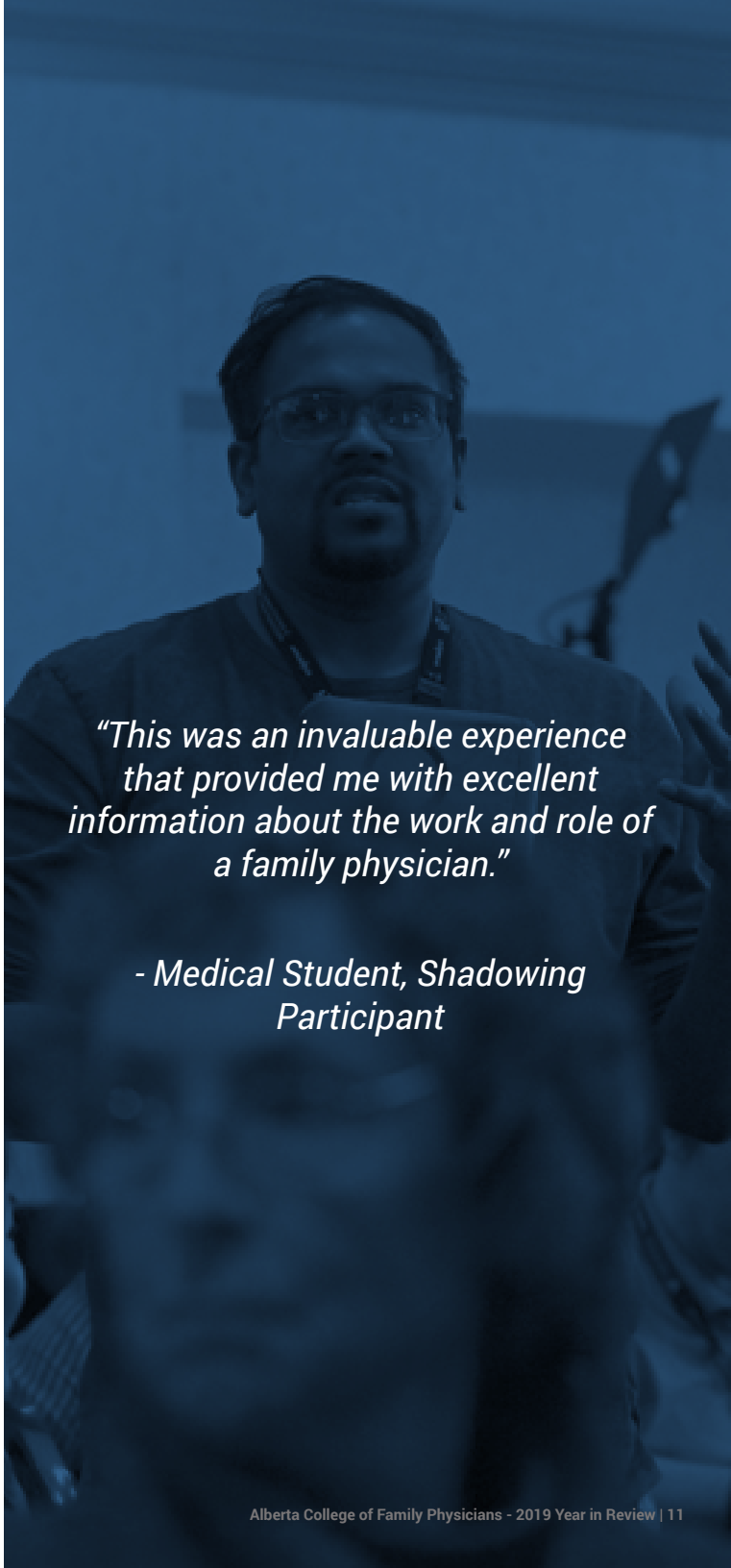
Shadowing -- Understanding the Family Physician Experience

Promoting Family Medicine to Alberta medical students begin at the time of acceptance where we offer incoming medical students the ability to shadow a rural or urban family physician in a variety of work settings through our Shadowing Program. In 2019, with the partnership of AMA's Sections of General Practice and Rural Medicine, we were able to give 66 students the opportunity to participate in the Shadowing Program. We continue our presence by sponsoring and attending each of the University of Alberta and the University of Calgary's medical school orientation. We look forward to this opportunity to welcome medical students and introduce the ACFP as their future academic home.

Learner Outreach

In 2019, through various learning opportunities, the ACFP collaborated with and supported medical students and residents at the University of Alberta's Information Session, Clinical Skills Workshops, Alberta Medical Students Conference and Retreat (AMSCAR), and FREzER.

Many of our initiatives were made possible through the countless member volunteers who generously offered their time.



Awards and Recognition

The ACFP recognizes the achievements and professional commitment of its members and is committed to acknowledging members providing quality patient care through education, research, and promotion of best practices.

Alberta Family Physician of the Year 2019

Dr. Cynthia Landy

Congratulations to our 2019 Family Physician of the Year, Dr. Cynthia Landy. Recipients of this prestigious award are chosen by their peers for making significant contributions to the health and well-being of their communities, dedicating themselves to the education of future generations of family doctors, and most importantly, for providing exceptional care to their patients.

Dr. Cynthia (Cindy) Landy is a graduate of the University of Calgary, a family physician, and the Medical Director of the South Calgary Primary Care Network Circle Medical Breastfeeding Clinic. Not only is Dr. Landy an alumnus to the University of Calgary, but she is also a primary preceptor, a clinical associate professor, and Educational Lead for the Circle Medical Core Site for the Family Medicine Residency Program.

Her special interest in Women's Health – specifically breastfeeding medicine, lead Dr. Landy to further training and becoming an International Board Certified Lactation Consultant. Dr. Landy's passion for family medicine is evident in her practice as she teaches, mentors, and supports all levels of primary care.

Among all her roles, she is also proud to be a wife and mother, and enjoys live music and running.

Dr. Cynthia Landy

The one thing I love about Family Medicine is:
Getting to be a part of my patients' lives.

Family medicine mentor: Heather Armson

One thing that surprised me about being a family physician is:
Just how much work is required outside of clinic hours.

If I wasn't a family physician, I'd be: A concert roadie.

2019 ACFP Awards Recipients

The ACFP is pleased to honour all recipients of this year's Awards program:

ACFP Family Physician of the Year
Dr. Cynthia Landy, Calgary

Recognition of Excellence
Dr. Prabhjot Bedi, Calgary
Dr. Randall Berlin, Calgary
Dr. Itua Iriogbe, Camrose
Dr. Carla Laidlaw, Edmonton
Dr. Suzanne Squires, Edmonton
Dr. Declan Unsworth, Jasper

Patient's Medical Home Outstanding Family Practice
Bonnyville Medical Clinic, Bonnyville
Westgrove Clinic, Spruce Grove

ACFP Student Leadership – Rising Star Award
University of Alberta – Kerry Howell
University of Calgary – Tina Guo

Family Medicine Resident Leadership Award
University of Alberta – Dr. Charissa Ho
University of Calgary – Dr. Chloe MacLean

ACFP New Professional Award
Dr. Carly Crewe, Sundre
Dr. Sharon Reece, Wabasca

ACFP Champion
Dr. Diana Hong, Edmonton

ACFP Long-term Service Award
Dr. Dorcas Kennedy, Lethbridge

Bonnyville Medical Clinic

Westgrove Clinic

FAMILY DOCS ROCK

Family Docs Rock Campaign

The ACFP's Family Docs Rock campaign is our public awareness campaign promoting the value of family physicians by sharing patient stories.

The campaign tagline helps inspire pride in the profession and family medicine specialty and continues to be well received by members and patients across the province, the country, and abroad.

Dr. Saieed

PRIZE OF THE MEDICAL PROFESSION

Dr. Saieed is so very competent and intelligent. She is an experienced and talented diagnostician. An honest, compassionate, kind, and wise human being. She sees us as people first, respectfully, then sees to our physical and mental health. Her well organized office and well-trained staff, follow-up and communication skills are admirable.

She is a prize of the medical profession. We are not overstating her qualities nor trying to flatter. We are stating the facts, as we have known them to be for 12 years. We are aware of other patients and employees of hers, who would immediately state the same. We have worked with many physicians during our roughly 65 years of life; and through elder care of our 4 parents. Dr. Saieed certainly ranks amongst the very best.

My husband and I established our longitudinal physician-patient relationship with Dr. Saieed in May of 2007. We benefit at each encounter from the consistent high standards she demands of herself. This requires hard work, discipline, and inner strength. We count ourselves so fortunate to have her help and guidance through issues. We could expand on these, but suffice it to say that cancer, heart issues, death of loved ones, debilitating conditions, have been some of the more serious ones. My husband is alive today, directly because of Dr. Saieed's immediate responses, follow-ups, and support of us both, when life-threatening cancer & treatment happened in 2016. She continues to help us through multiple side effects of this issue.

Highlights in Continuing Professional Development

ACFP Conferences

Family Medicine Summit

The ACFP launched a brand-new look at the Family Medicine Summit. Our signature event and 64th annual gathering sold out again, bringing together more than 400 family physicians, family medicine residents, medical students, and research participants.

Certified for a maximum of 15.25 Mainpro+ credits, 45 speakers delivered the following sessions at this year's conference:

6 Keynotes

17 Workshops

2 Skill Sessions

3 Research Sessions

2 Workshops

1 Ancillary Session

FAMILY MEDICINE SUMMIT

Connect.
Learn.
Celebrate.

PRACTICAL EVIDENCE
FOR INFORMED PRACTICE CONFERENCE

PEER PATIENTS EXPERIENCE EVIDENCE RESEARCH

Practical Evidence for Informed Practice (PEIP) Conference

The eighth annual PEIP conference continues to be a marquee event for all ACFP/CFPC members and their allied health care colleagues across the country. The day and a half conference highlights reviews on clinically relevant primary care topics in twenty-minute, short snapper sessions followed by a rapid-fire question and answer period.

For the third consecutive year, individuals have been able to attend the conference in-person or via live webcast. In-person registration sold out with more than 380 attendees, and the webcast component was extremely successful with 320 individual/clinic attendees. In total, PEIP 2019 was delivered to over 700 primary care providers across the country.

Also featured in 2019 were two pre-conference sessions: OATrageously Rewarding Medicine – Treating Opioid Use Disorder in Primary Care, and Excellent or Excrement – Beginners Guide to Sorting Research Claims. In line with the Primary Health Care Opioid Response Initiative and dissemination of information, the OATrageously Rewarding Medicine session was offered in-person and via webcast for all the zones within Alberta. The opioid workshop sold out in-person at 36 attendees while Excellent or Excrement was successfully presented in a small, initimate working group.

"Hands down one of the best educational events I attend. Very informative, succinct, relevant, and entertaining"

"The choice of topics are very relevant, effective, and very knowledgeable speakers"

"Excellent evidence-based, entertaining, enlightening, and efficient conference as always! Has changed the face of Family Medicine as we practice it over the past few years! By family physicians for family physicians. Love it!!"

CPD Outreach Programs

The ACFP hosts a variety of additional CPD programs each year. These outreach opportunities are offered in collaboration with our other Chapter partnerships.

CPD Day

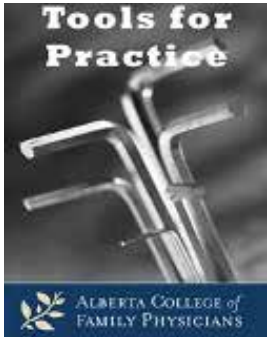
The ACFP held the first Continuing Professional Development (CPD) Day: A full day of industry-free higher-level learning. Held in Calgary on May 4th, 2019, the conference consisted of some of OCFP's most well-received workshops, presented in front of a sold-out audience. Each certified 3-credit-per-hour program, Mood Disorder, MSK Education, and Practising Wisely, offered practical and realistic approaches in the assessment and management of their respective topics. Focusing on interactive learning, each workshop was developed to promote the skills of primary care providers.

Evidence and CPD Program

Best Practice Support Visits (BPSV)

This program is similar to Family Medicine Rounds and saw the participation of ~700 physicians and other primary healthcare providers over the 2018-19 season. The teaching sessions are developed by the PEER team and delivered to a small group of pharmacists from participating PCNs who then hold sessions in their local PCNs to disseminate content and teachings to local physicians. Sessions are presented in 30-minute blocks and are both didactic and interactive. This program is certified as a one-credit-per-hour program by the PEER team who has taken over the delivery of the program since 2017, which has seen the addition of two PCNs, bringing the total to seven province-wide.

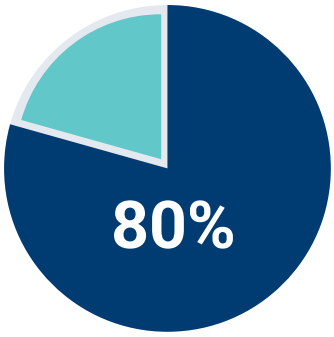
CPD and Practice Supports Online



Tools for Practice Articles

The Tools for Practice articles are distributed to more than 38,000 family physicians and allied health care providers across Canada and internationally. The content of each article is developed free of industry bias and is based on the best available evidence.

To maintain the high standard of quality, accuracy, and academic integrity, all articles are authored by at least one practicing family physician and peer reviewed by 2-3 external physicians and allied healthcare professionals. All articles are offered in both English and French and available for credits on GoMainpro.



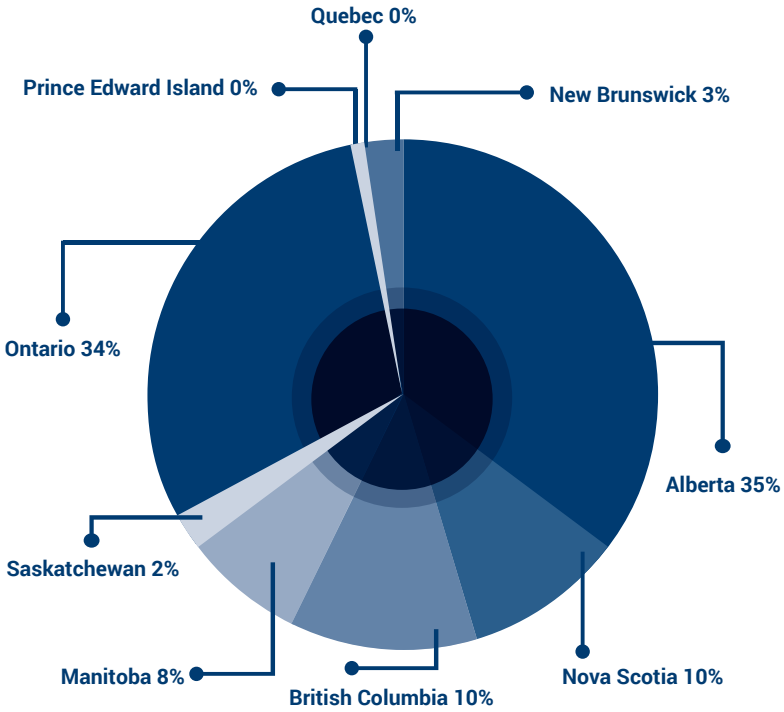
Of ~ 38,000 physicians across Canada

Physicians who receive TFP

Physicians who don't

GoMainpro

GoMainpro, the ACFP's online learning platform added several new product enhancements including a fresh new user interface and several video libraries from the Practice Evidence for Informed Practice conference and the Family Medicine Summit. The learning platform saw a steady increase of subscribers and has more than doubled its numbers.

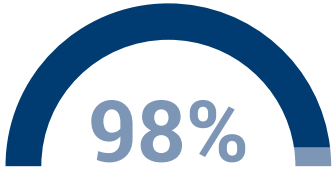


GoMainpro Reflective Exercise

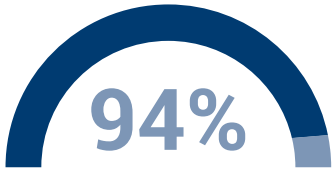
In 2019, both the CFPC and the ACFP saw the opportunity to use the existing GoMainpro platform to offer more online learning opportunities presented by the CFPC while growing its subscriber base. GoMainpro added a new CFPC webinar library and will continue to add more content libraries in 2020.

Being as easy as 1-2-3-4, more than 5,100 reflective exercises were completed in 2019.

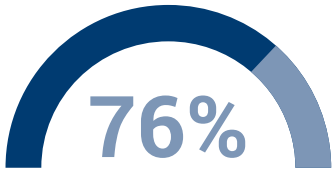
Nearly 7,500 reflective exercises completed in 2019



This tools for practice is relevant to primary care



I can apply this information to my patients



I learned something new

The Leadership Registry

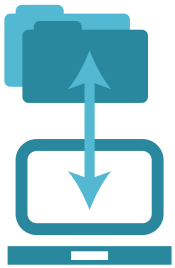
Engage Primary Care

Building on the principles of the Patient's Medical Home, the EngagedPrimaryCare.com portal is a registry of more than 250 physicians, all of whom are providing primary care perspective to health care initiatives and projects while honing or developing their leadership skills.

Since its inception back in 2016, the registry has empowered, engaged, and matched family physicians with numerous opportunities to be directly involved in system-wide decision-making, as well as, leadership possibilities tailored to areas of interest.

Requests and partnerships come from a wide variety of organizations such as: Alberta Health Services Strategic Clinical Networks, Alberta Health Services Programs (eReferral, Netcare, Enhanced Recovery, Clinical Knowledge and Content Management Services), AMA's Toward Optimized Practice, Choosing Wisely Alberta, and the CFPC.

From front line training to executive levels of experience, the registry is open to everyone. Visit www.engageprimarycare.com for more information on how you can begin cultivating change.



Request a Family Physician

Organizations looking for a family physician to participate in their health care initiatives or projects may fill out the Request a Family Physician form.

I am a Family Physician

Organizations looking for a family physician to participate in their health care initiatives or projects may fill out the Request a Family Physician form.

Certification and the CERT+ Platform

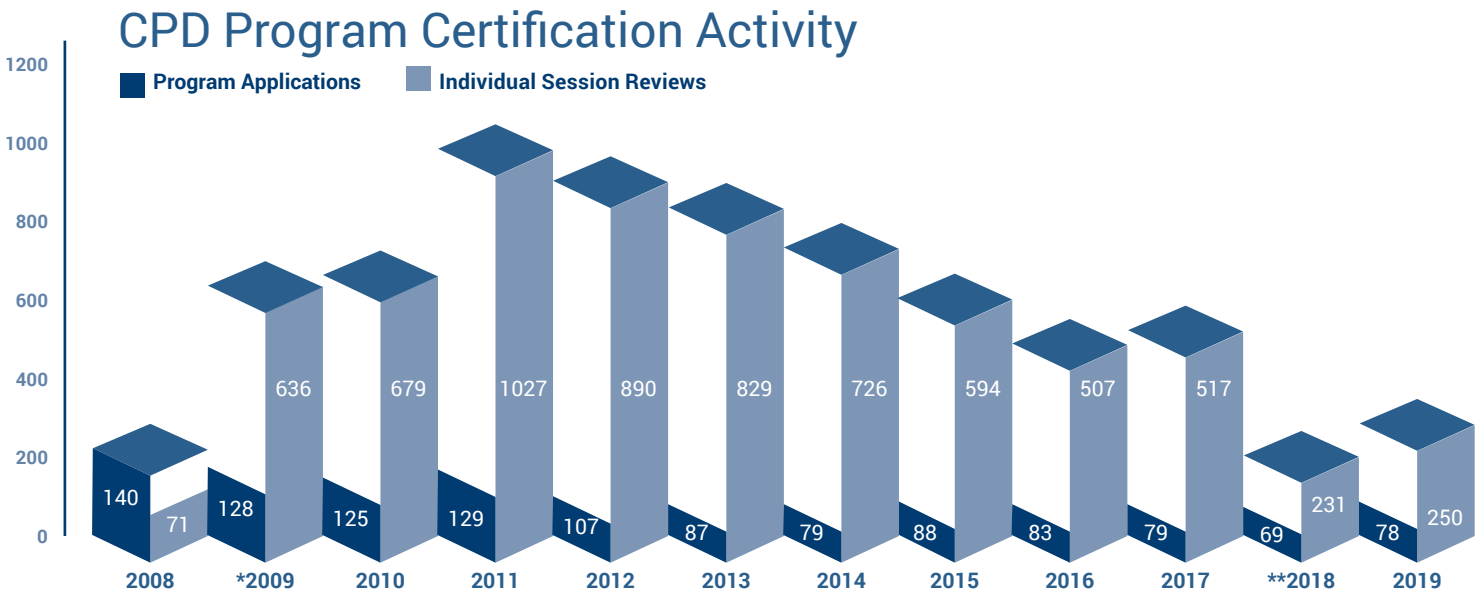
The ACFP has an important role in certifying provincial programs seeking one-credit-per-hour. Applications are received by our office through the CFPC's CERT+ online platform which allows for all supporting documentation to be uploaded at the time of application.

Program applications received by the ACFP are screened by ACFP staff trained in Mainpro+ certification requirements to ensure the application can continue to the review stage. Any deficiencies found within the application submission are identified and staff work with providers to ensure these deficiencies can be appropriately addressed prior to the application moving forward to a Reviewer.

CFPC trained Reviewers in Alberta ensure the topic is relevant to family medicine and the content presented is scientifically valid. They also ensure the processes identified by the scientific planning committee in the development of the program content meet CFPC certification standards and criteria. Programs successful in meeting the quality criteria are approved for certification by the ACFP.

Certifying CPD Opportunities for Family Physicians

Since the inception of the the National Standards for Support of Accredited CPD Activities (the National Standards) in 2018, the ACFP suffered from a decline in the number of program and session reviews that year. This downward trend was felt nation-wide, much to do with many providers adjusting their policies to ensure compliance with the National Standards. In 2019, the number of received and processed program applications and individual session reviews compared to 2018, saw an average increase of 13% and 8% respectively. The year ended with a total of 78 program applications and 250 session reviews.



*Program applications increased in 2009 due to mandatory reporting of CPD credits being a requirement of the licensing body, College of Physicians and Surgeons (CPSA).

**In 2018, National Standards for the Support of Accredited CPD Activities came into effect.

Research

Supporting Family Medicine and Primary Care Research in Alberta

Elevating Family Medicine Research in Alberta Forum

Family medicine research is essential to the foundation of the profession, patients' health, and the health care system.

In 2019, the ACFP introduced an annual forum, bringing together key stakeholders committed to family medicine research and quality improvement in Alberta. The purpose of the forum was to allow opportunity for open discussion, to collect innovative ideas on ways the ACFP can continue to support our family medicine researchers, and ensure member involvement in research is well grounded in family practice.

The ACFP is building on the ideas shared at the forum and will continue working to ensure the outstanding contribution made by our family medicine researchers in Alberta is valued. The ACFP is committed to advocating for adequate supports to be in place and sustained so that our research community can grow.

Research Showcase at Summit 2019

We continued to support our family medicine research community by providing the opportunity to build awareness and capacity in research through the ACFP's What's Up Doc? Research Showcase, a very successful celebration of family medicine and primary care research in Alberta. In 2019, 59 abstracts were submitted for review. The selection process for the Research Showcase remains very competitive with all submissions undergoing evaluation by a dedicated group of reviewers. 44 abstracts were accepted for the event, and several top scoring abstracts in each category were selected for onsite adjudication.

2019 Research Award Recipients

The following research projects were awarded our ACFP Reviewer's Choice Awards

POSTER Display Category

1st Place

Alberta EMS PEOLC ATR
Chery Cameron, Alicia Kallos, Suzanne Maynard, Ian McEwan

2nd Place

Transportation Mobility and Social Isolation in Community-Dwelling Older Adults

Bonnie Dobbs, Jean Triscott, Emily Hussey,
Tara Piborochynski

3rd Place

Patient-Reported Outcomes of Platelet-Rick Plasma (PRP) Therapy for Osteoarthritis Constance Lebrun, Teresa DeFietas, Taryn Wicijowski, Rebecca Reif, Ann-Marie Przyslupski

Oral Presentation Category

1st Place

Under the Microscope: Examining the quality of Primary Care EMR Data in Alberta
Stephanie Garies, Michael Cummings, Boglarka Soos, Neil Drummond, Donna Manca, Brian Forst, Kimberley Duerksen, Kerry McBrien, Hude Quan, Tyler Williamson

2nd Place

Novel Normative Approach to Counting GPS – Are We Really That Off?
Terrence McDonald, Fiona Clement, Brendan Cord Lethebe, Lee Green

3rd Place

Support-FM: Supporting Family Physicians to Provide Community-Based Primary Care for Their Patients
Amy Tan, Ron Spice, Aynharan Sinnarajah

Partnerships

The ACFP remains an active member of the Alberta Primary Care Alliance (PCA) which brings together the experience and expertise of physician partners who are involved in the advancement and improvement of primary care for all patients, families, and communities in Alberta.

Primary Care Alliance

Members of the PCA bring together multiple perspectives, resources and mandates to facilitate ways to collectively address and improve primary health care province-wide and to advocate and support their constituents in that improvement. Building on existing member organizations' strategic directions, the Alliance's goal is to foster a coordinated and aligned approach to meet the needs of patients, caregivers, families, primary care teams, PCNs, and the healthcare system not only today but into the future.

Its mission is to serve as a family physician forum for strategic discussion and establishment of shared goals and collaborative action for the advancement of the Patients' Medical Home in Alberta.

The PCA's vision is every Albertan having access to a home in the health care system that includes their own family physician and a team of providers, ensuring they are provided timely, comprehensive, and continuity of care.

To that end, the PCA upholds:

- The shaping, development, and launch of the Primary Health Care Integration Network,
- The building and continuous support of a Physician Leader Network,
- Collaborating on the Primary Health Care Opioid Response Initiative,
- Informing the technological developments that support the PMH, continuity, and collaborative care, and
- Meeting with delegations to bring the primary care perspectives to external projects and initiatives.

Important areas of discussion and collective impact for the PCA in 2019 were:

- Supporting the new Primary Care Network Zone Governance Structure implementation
- Encouraging Alberta-based programs and policies to incorporate the Patient's Medical Home principles.
- Enhancing, dispersing, and supporting leaders, change agents and family physician champions throughout Alberta
- Advancing informational continuity through Community Information Initiative (CII), Central Patient Attachment Registry (CPAR), and Connect Care roll out.
- Supporting systemic clinical priorities such as the Primary Health Care Opioid Response Initiative and the Alberta Pain Strategy.
- Ensuring collaboration with the Strategic Clinical Networks through regular consultation with the Primary Health Care Integration Network and the PCA membership.
- Improving transitions in care to and from primary care

PCA Membership includes:

Alberta College of Family Physicians | Alberta Medical Association | Section of General Practice | Section of Rural Medicine | Primary Care Networks | University of Alberta Faculty of Medicine & Dentistry, Department of Family Medicine | University of Calgary Cumming School of Medicine, Department of Family Medicine

Primary Health Care Opioid Response Initiative

Tackling the opioid crisis in Alberta required new approaches and an immediate response of the entire health system to change its trajectory. The engagement and response of primary care physicians, their teams and Primary Care Networks (PCNs), and AHS Zone services in Alberta was essential in defining new primary health care approaches to address the crisis and the systemic issues contributing to the crisis.

The Primary Health Care Opioid Response Initiative (PHC ORI) was a multi-stakeholder project funded by the former Alberta Health Minister's Opioid Emergency Response Commission (MOERC) through a grant agreement with the ACFP. The ACFP, Alberta Medical Association (AMA), Alberta Health Services (AHS), and Primary Care Networks (PCNs) worked together to lead this essential work to focus the primary care response that will continue through March 2020.

The project supports activities aimed at addressing the opioid crisis, including:

- Urgent Opioid Response–addressing the urgent needs of those in crisis through the provision of Opioid Agonist Therapy (OAT) and distribution of naloxone kits within primary care settings.
- Enhanced Provider Decision Support, Knowledge Translation and Education–ensuring basic knowledge and competencies to support patients with addiction, mental health and pain issues, and changing current practice within primary care clinics and PCNs to better care for individuals using opioids.
- Enhanced Opioid Related Service Delivery through Zone PCN Committee Engagement, Planning and Implementation – developing new integrated care models coordinated with partners including AHS addiction and mental health services, and community services

Achievements

Results of the PHC ORI will be evaluated and will result in a final report at the completion of the project in 2020. Here are a few highlights:

Guideline

PEER created a Simplified Guideline: Managing Opioid Use Disorder in Primary Care and started outreach and training sessions

4

4 Tools for Practice Articles focused on evidence for treating opioid use disorder (OUD) in primary care sent to 38,000 subscribers across Canada

87

87 Family Physician Members on the Collaborative Mentorship Network for Chronic Pain and Addiction (CMN)

2166

2,166 providers trained across the province in OUD and OAT through the ACFP, PEER, CMN, and other knowledge translation programs

457

457 New Primary Care Prescribers of Buprenorphine/Naloxone

1328

Increase of 1,328 patients now being treated in Primary Care

ODP to PC

Stable OUD patients are being transferred to primary care for ongoing care

PEER PATIENTS EXPERIENCE EVIDENCE RESEARCH

PEER is a primary care led research team focused on providing useful and relevant evidence to primary care providers.

In 2019 the ACFP celebrated a 10-year partnership with the University of Alberta's PEER Team. The team has worked with the ACFP since 2009 on projects such as the bi-weekly Tools for Practice articles, the Price Comparison of Commonly Prescribed Pharmaceuticals in Alberta, the Practical Evidence for Informed Practice (PEIP) Conference, Best Practice Support Visits (BPSV), and has worked hand in hand on several primary health guidelines, more recently, the PEER Simplified Guideline: Managing Opioid Use Disorder in Primary Care.

Financial Highlights

Financial Highlights - Statement of Financial Position - December 31, 2019 (audited)

	2019	2018
ASSETS		
CURRENT		
Cash and cash equivalents *(Note 3)*	$ 1,289,005	$1,119,932
Short-term investments	273,714	269,897
Accounts receivable	181,206	134,211
Prepaid expenses	36,052	43,759
	1,779,977	1,567,799
CASH HELD IN TRUST *(Note 4)*	1,663,517	5,124,539
TANGIBLE CAPITAL ASSETS *(Note 5)*	33,906	37,860
	$ 3,477,400	$ 6,730,198
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued liabilities	$96,197	$136,917
Good and services tax payable	6,031	3,018
Deferred revenue *(Note 6)*	496,688	526,578
Due to Opioid Initiative Grant recipients *(Note 4)*	1,663,517	5,124,539
	2,262,433	5,791,052
EMPLOYEE FUTURE BENEFITS OBLIGATION *(Note 10)*	132,263	123,200
	2,394,696	5,914,252
NET ASSETS		
Unrestricted operating fund	275,920	15,987
Internally restricted	772,878	762,099
Invested in property and equipment	33,906	37,860
	1,082,704	815,946
	$3,477,400	$6,730,198

Financial Highlights - Statement of Operations - for the year ended December 31, 2019 (audited)

	2019	2018
Revenue		
Membership fees *(Note 7)*	$ 1,221,341	$ 1,094,425
Opioid Initiative Grant	985,299	760,633
Family Medicine Summit	286,780	334,566
Evidence Based Medical Conference	263,595	225,866
Other Grants *(Note 7)*	113,012	67,040
GoMainpro alliance and subscription fees	86,547	17,903
Continuing medical education	58,800	54,500
Education Outreach	32,875	53,277
Other	21,375	5,820
Interest	15,223	12,202
Share of FMF Surplus from National	14,614	1,802
	3,099,461	2,628,034
Expenses		
Opioid Initiative	985,299	760,633
Salaries and wages	447,190	422,287
Family Medicine Summit	313,224	384,931
Evidence Based Medicine Programs	278,701	194,416
Evidence Based Medical Conference	205,581	207,390
Office and telephone	119,148	95,226
Travel	115,609	96,920
Honorariums	72,391	55,917
Education Outreach	70,658	73,987
Rent and occupancy costs	70,611	66,954
Family Physician Leadership Initiative	58,762	136,915
Student and resident support	33,915	38,556
Professional fees	26,307	30,906
Goods and services tax Amortization	16,877	13,740
Amortization	15,964	17,064
Sponsorships	2,465	1,117
Special Projects	-	43,605
	2,832,702	2,640,564
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES FROM OPERATIONS	266,759	(12,530)
OTHER EXPENSES		
Loss on disposal of tangible capital assets		4,230
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	$ 266,759	$ (16,760)

Executive Director's Message

2019 was a year of renewal. With new staff members getting settled into their roles, we were able to really look at the services we provide; where we could build on our successes and challenge our current ways of doing things. We have reached more members through our programs and services than we ever have in years past, increased the use of technology, refreshed our look on our communications, and achieved all that we set out to do. We are inspired and ready to take on a new year and new initiatives in 2020 and beyond.

The ACFP team is an effective and passionate group of people, dedicated to delivering on the strategic direction of the Board focusing on quality and member value. I would like to thank the following dedicated people for their care and contributions in 2019:

Darlene Niederhaus – Executive Assistant
Susan Wong Armstrong – Manager, Communications and CPD Programs
MaryLee Vaughan – Manager, Finance and Operations
Lorrainne Dubois – Coordinator, Mainpro+ and CPD Programs
Adrienne Lindblad – Coordinator, Knowledge Translation and Evidence Program
Nikita McEwan – Coordinator, Member Programs and PEER Partnership
Kerri McNabb – Coordinator, Member Programs and Events
Lindsay Rankin – Coordinator, Communications and Member Programs
Susan Soufi – Coordinator, CERT+ and CPD Programs
Cora-Lee Polansky – Senior Project Manager, Primary Health Care Opioid Response Initiative
Betsy Thomas - Project Manager, Opioid Response Evidence and Knowledge Translation
Danielle Perry – Knowledge Translation Expert
Dr. Cathy Scrimshaw, Medical Director, Collaborative Mentorship Network for Chronic Pain and Addiction

Honourable Mention to the PEER Team Members for their contributions to ACFP programs and resources:

Dr. Tina Korownyk, Medical Director, Tools For Practice Articles, Primary Care Guidelines and PHC ORI
Dr. Mike Kolber, Medical Director, Practical Evidence for Informed Practice Conference and the Pharmaceutical Pricing Guide
Dr. Mike Allan, Founder and Visionary Leader for Tools for Practice Articles and PEER Program
Dr. Jessica Kirkwood, Opioid Use Disorder Knowledge Translation and newest PEER Team Member
Dr. Scott Garrison, PEER Affiliate
Joey Ton, Knowledge Translation Expert
Samantha Moe, Knowledge Translation Expert
James McCormack, PEER Affiliate
Nicolas Dugré, PEER Affiliate

We are looking forward to a fantastic year of continued success and growth of the Alberta College of Family Physicians. I am proud to be associated with such a progressive and visionary organization that strives to serve and provide value to its members through leadership, advocacy, education, and professional connections.

In your service,

Terri Potter, BA, PMP, CAE
Executive Director, ACFP

ALBERTA COLLEGE *of* FAMILY PHYSICIANS

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