



ALBERTA COLLEGE of
FAMILY PHYSICIANS

YEAR IN REVIEW

2020



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MESSAGE



PRESIDENT'S MESSAGE

2020 presented the Alberta College of Family Physicians (ACFP) with many challenges – a worldwide pandemic, transitions to virtual learning and engagement opportunities, and tumultuous government relations. The ACFP tackled these issues head on through the incredible efforts of our Board, Committees, staff, and members. As an organization and as a profession, we learned the importance of strength and unity. It has been important to see colleagues and patients rally behind us and recognize our importance in the system and in providing care on a day-to-day basis across the province. Family physicians are resilient, adaptable, and are at the Heart of Family Medicine.

We are proud of the advocacy efforts we established in 2020—we registered as a lobbyist; launched the Heart of Family Medicine media campaign; and voiced member concerns with government officials—but know this is only the beginning. The ACFP will continue to build on these accomplishments while maintaining the standard of excellence in educational programming our members expect.

Our signature events pivoted to a virtual world and flourished. Technology and similar innovations inspired new programs (Check-in

and Check-up Webinar Series) and enhanced favourites. We also saw the support from Health Canada's Substance Use and Addictions Program to continue our Collaborative Mentorship Network for Chronic Pain and Addiction for an additional three years – a legacy project from the Primary Health Care Opioid Response Initiative (PHC ORI).

The well-known proverb “Out like a lion, in like a lamb” comes to mind while reflecting on the year that was 2020. The coronavirus (COVID-19) made for an unprecedented and unpredictable year; even so, with vaccinations on the horizon, we can see a glimmer of light at the end of the tunnel and the hopeful return of some normality.

It has been my honour and privilege to serve these last few years as the ACFP President. I thank all of you for your continued commitment and hard work through the various challenges we face.

Wishing you all good health,

A handwritten signature in blue ink, appearing to be 'VB' with a stylized flourish.

Vishal Bhella MD, CCFP
President
Alberta College of Family Physicians

A photograph showing a group of people's hands stacked together in a circle, symbolizing community and support. The hands are of various skin tones and are positioned in a way that suggests a huddle or a team effort. The background is a blurred outdoor setting. The image is partially covered by a large, semi-transparent blue circle on the left side, which contains the text.

CREATING COMMUNITY

ENGAGING AND EMPOWERING OUR MEMBERS

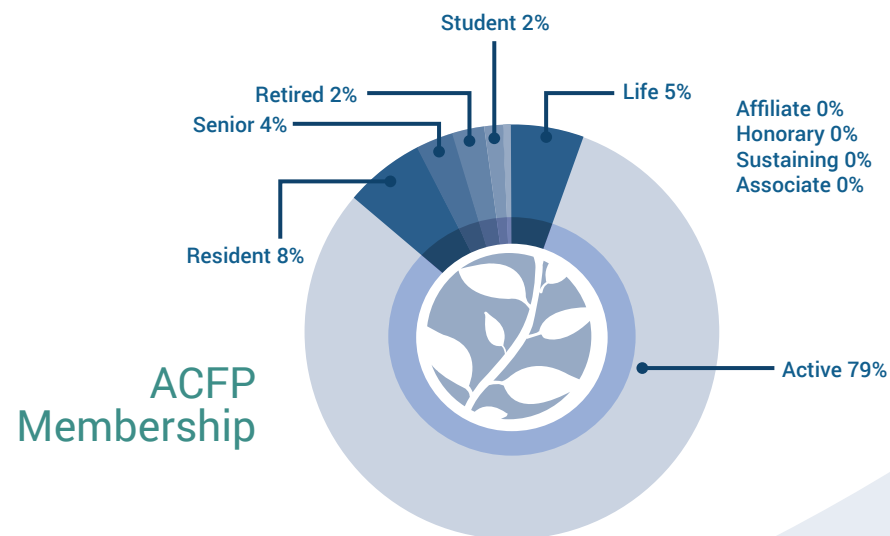
The ACFP aims to establish a connected member community by providing quality engagement opportunities, forums for members with similar interests or challenges and build an affinity and pride for family medicine and the profession.

Annual Growth Statistics

Membership Growth

As the provincial Chapter of the CFPC, the ACFP is a professional voluntary organization that represents more than 5,300 family physicians, family medicine residents, and medical students in Alberta.

In 2020, membership increased by 2.5%.





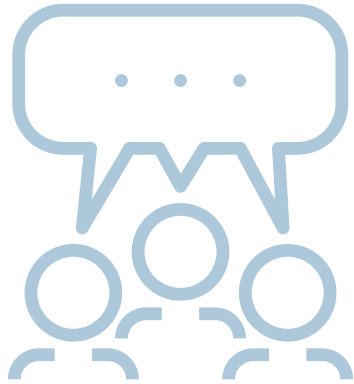
BOARD OF DIRECTORS

The ACFP Board of Directors is comprised of nine Directors. They are:

Dr. Vishal Singh Bhella, (President), Calgary
Dr. Sudha Koppula (President-Elect), Edmonton
Dr. Noel DaCunha (Secretary), Westlock
Dr. Clark Svrcek (Treasurer), Calgary
Dr. Sonya Lee, Calgary
Dr. Donna Mumert, Beaverlodge
(absent from the photo)
Dr. Anila Ramaliu, Calgary
Dr. Douglas Tuck, St. Albert
Dr. Dinesh Witharana, Spruce Grove
Ms. Terri Potter, Executive Director

Under the ACFP's Bylaws, this is a governing board, meeting six times per year to fulfill their role of strategic governance responsibility. The responsibility of management and operational delivery on this strategy is passed on to the Executive Director, Ms. Terri Potter. The responsibilities of the Board include ensuring that the ACFP is properly managed, its property and assets are suitably cared for, and high-quality services are provided to all its members.

The ACFP President is also the Board Chair and official spokesperson on issues that arise during and between Board meetings; nonetheless, decisions are made collaboratively by the whole Board. The ACFP Board remains connected, informed, and involved in the provincial health care system and primary care initiatives through various ongoing formal and informal relationships including its active contributions in the Alberta Primary Care Alliance (PCA) that meets to confer and collaborate regarding provincial primary care delivery decisions and directions.



Board Governance Committees

There are two committees that have been designated by the Board to support its governance functions—Governance Advisory and Finance and Audit.



Governance Advisory Committee

A standing committee of the ACFP Board, the Governance Advisory Committee (GAC) is responsible for the annual recruitment of potential Board members according to Board-stated needs, along with annual review and provision of recommendations for changes to organizational bylaws and updates to Board policies. This committee must have at least two members from the Board of Directors with the Chair being an ACFP Board or Past Board Member.

The GAC also ensures that the Board:

- Fulfills its legal, ethical, and functional responsibilities through the management of the ACFP's Bylaws and Board Policies
- Supports the succession and evaluation processes of the Board and committees

Finance and Audit Committee

The ACFP Finance and Audit Committee (FAC) is a standing committee of the Board, with a membership of at least three, chaired by the Board Treasurer.

The FAC is tasked with:

- Ensuring that a fully qualified external auditor conducts a competent financial audit annually
- Presenting periodic financial statements, the annual draft budget, and audit results to the Board with recommendations as required
- Providing an annual review and recommendations for updates to policies related to financial condition for activities, financial planning, budgeting, and regular reporting by the Executive Director

Operational Committees

Under the direction of the Executive Director, operational committees help the staff achieve objectives from a strategy level by drawing upon the ACFP's membership. There are two core operational portfolios governed by their respective advisory committees – CPD Advisory and Membership Advisory.



CPD Advisory Committee

The CPD Advisory Committee provides support to the College's CPD initiatives that promote the role family physicians play in delivering the highest quality care to patients and their communities across Alberta. The Committee supports the ACFP's current strategic framework and priorities, provides recommendations related to emerging trends in the profession, and how it impacts the development and delivery of CPD.

Family Medicine Summit Planning Committee

The Family Medicine Summit (Summit) Planning Committee is responsible for securing engaging experts to deliver timely, practice-changing education at the ACFP's signature conference for family physicians. The Summit provides takeaway lessons for family physicians which can be immediately incorporated into their practice. In addition to the CPD focus of the Summit, the Committee designs a program that offers members an opportunity to understand the ACFP's governance, celebrate member excellence, network with peers, and participate in other ACFP member programs and services.

Practical Evidence for Informed Practice Planning Committee

The Practical Evidence for Informed Practice (PEIP) Conference Planning Committee is a standing committee which plays an integral role in the creation and delivery of an evidence-based, clinically relevant, and thought-provoking CPD event on an annual basis.

Membership Advisory Committee

The Membership Advisory Committee (MAC) serves to ensure the ACFP is meeting the needs of its diverse membership. The Committee's role includes:

- Being responsive to emergent member needs
- Creating sub-committees or task forces to identify gaps and challenges
- Recommending specific strategies that support better member and patient experiences

This year, the MAC responded to members' call for more public awareness for the role of family physicians and advised on the Heart of Family Medicine campaign.

First Five Years in Family Practice Committee

The First Five Years in Family Practice (FFYFP) Committee supports family physicians in their first five years of practice and family medicine residents' transition into practice. The Committee acts as a resource to the ACFP for those in the early stages of their career.

Highlights in 2020 include:

- Contributed five articles to the First Five Blog Series on the ACFP's website and member newsletter including: "Keeping Well and Self Care"; "Consulting the Online 'Hive'"; "Rural vs. Urban Medicine from the perspective of a 'Rurban' Physician"; and "Motherhood and Medicine"
- Organized of a FFYFP lunch-mixer at the Summit
- Hosted a fee-for-service billing session for all ACFP members in collaboration with the Alberta Medical Association
- Committee members virtually presented "Transitioning from Residency to Practice" at two provincial events for family medicine residents

Moreover, the committee maintains contact with new physicians through a very active Facebook page and other social media (#FirstFiveAB)

Awards and Recognition Committee

The ACFP Awards and Recognition Committee (ARC) plays a significant role in building awareness for the ACFP and celebrating member excellence. This Committee recognizes, celebrates, and supports family physicians, family medicine residents, and medical students who demonstrate excellence in leadership, education, advocacy, and research. The ARC also promotes the ACFP Awards program and performs an integral role in scanning viable candidates for national recognition through the College of Family Physicians' Honours and Awards program.



Connecting With and Supporting Emerging Leaders

Through skill acquisition and professional networking opportunities, the ACFP encourages students to consider family medicine as a first-choice specialty. The College also allocates provisions for these emerging leaders so they may participate in ACFP events, benefit from additional family medicine interest groups (FMIGs) programming, and experience other family medicine initiatives.

Learner Outreach

In 2020, the ACFP connected with medical students and residents at information sessions, Alberta Medical Students Conference and Retreat (AMSCAR), and "Talk with the Docs" – a student information evening focused on developing an understanding of a career in family medicine.

These opportunities were made possible through the collaborative working relationships between the College's student and resident Board liaisons and the commitment of countless member volunteers who generously offered their time and the organization and coordination.

AWARDS AND RECOGNITION

Celebrating Member Excellence

The ACFP recognizes the achievements and professional commitment of its members and is committed to acknowledging members providing quality patient care through education, research, and promotion of best practices.





2020 ALBERTA FAMILY PHYSICIAN OF THE YEAR

Dr. Andrew Cave

Congratulations to our 2020 Family Physician of the Year, Dr. Andrew Cave. Recipients of this prestigious award are chosen by their peers for making significant contributions to the health and well-being of their communities, dedicating themselves to the education of future generations of family doctors, and most importantly, for providing exceptional care to their patients.

Dr. Cave grew up in Manchester and graduated from the University of Manchester in 1971. In 1982, he took a sabbatical year and joined the life-altering Masters in Family

Medicine program under Ian McWhinney and Moira Stewart at Western Ontario where he also discovered family medicine research. Dr. Cave later moved to Edmonton in 1992 as a researcher and teacher based at the new Grey Nuns Family Medicine Centre.

When family medicine was reinstated at the University of Alberta Hospital, he was one of the founding members of the Family Medicine Clinic and as co-chief organized the in-patient service there.

He now practises in the Family Medicine Clinic in the Kaye Edmonton Clinic in a multidisciplinary team.

He teaches students and residents and pursues a busy research life focused on respiratory diseases in practice.

He married the love of his life the month that men landed on the moon and celebrated 50 years of marriage in 2019. Dr. Cave and Marie have three children and seven grandchildren of whom they are very proud.

The one thing I love about Family Medicine is:
Meeting a variety of great people.

Family medicine mentors:
Gerry Clayton and Ian McWhinney.

One thing that surprised me about being a family physician is:
How totally engrossing it can be.

If I wasn't a family physician, I'd be:
A teacher.

ACFP Family Physician of the Year

Dr. Andrew Cave, Edmonton

**ACFP Family Physician
of the Year – South Zone**

Dr. Brenda Ireland, Lethbridge

Recognition of Excellence

Dr. Allen Ausford, Edmonton

Dr. Debra Putnam, Calgary

Dr. Roxanne Swiegers, Medicine Hat

Patient's Medical Home

Outstanding Family Practice

Boyle McCauley Health Centre, Edmonton



**ACFP Student Leadership –
Rising Star Award**

University of Alberta – Catherine Palme

University of Calgary – Helen Tam-Tham

Family Medicine Resident Leadership Award

University of Alberta – Dr. Derek Chan

ACFP Champion Award

Dr. Kiran Dhillon, Edmonton

ACFP Long-term Service Award

Dr. Donna Manca, Edmonton



The ACFP awarded Dr. Cynthia Landy the Family Physician of the Year honour and presented a newly designed award. Each award is unique as a result of the artistry of blown glass. A larger replica will reside at the ACFP office with name plaques added annually.

Tree of Caring

“Just as a tree is held together by its roots, the world is held together by people who care. They nurture, foster and help others to grow, heal and to prosper. The Tree of Caring reminds us to be thankful for those who care and to pass on the care that we have received to others who need it.” - Kitras Art Glass Inc.

ADVANCING EXCELLENCE

Highlights in Continuing Professional Development

The ACFP ensures members have access to quality continuing education and best practices resources that meet the changing needs of the patients and communities they serve.



Celebrating 65 Years

ACFP Conferences Family Medicine Summit

The Summit celebrated a milestone year – 65. To honour this anniversary, the conference included an “Outta Sight Family Night” dance. The Summit sold out yet again, bringing together more than 400 family physicians, family medicine residents, medical students, and research participants.

Certified for a maximum of 13.25 Mainpro+ credits, 33 speakers delivered the following sessions at this year’s conference:

5

KEYNOTES

11

WORKSHOPS

2

MEMBER
FORUMS

4

SHORT
SNAPPERS

1

RESEARCH
SESSION



FAMILY MEDICINE SUMMIT

Connect. Learn. Celebrate.





PRACTICAL EVIDENCE FOR INFORMED PRACTICE CONFERENCE

Practical Evidence for Informed Practice Conference (PEIP)

The ninth annual Practical Evidence of Informed Practice (PEIP) Conference was hosted as a completely virtual event for all registrants. This virtually delivered PEIP maintained its reputation, integrity, and brand by delivering a “can’t miss” CPD content or its tried-and-true conference format; 20-minute snappers followed by rapid-fire Q&A. Through social media and event technology, PEIP attendees from across the country were able to share their experiences in real-time. #PEIPHype continues to grow and the 2020 completely virtual event garnered plenty of positive feedback.

“Hands down one of the best educational events I attend. Very informative, succinct, relevant, and entertaining.”

“Excellent evidence-based, entertaining, enlightening, and efficient conference as always! Has changed the face of Family Medicine as we practice it over the past few years! By family physicians for family physicians.”

“Practical application of evidence and making the statistical claims relevant.”

**Webcast
Analytics**

36
Clinics

768
Virtual
Attendees





Clinical
Connections
Conference

Clinical Connections Conference

Bridging the Gap and Creating Connections

The inaugural Clinical Connections Conference (CCC) was designed to bring together family physicians, specialists, pharmacists, and other primary care providers to learn about and discuss new practical clinical tools, resources, and initiatives developed by Alberta Health Services' Strategic Clinical Networks™. Originally slated to be an in person one-day event, the CCC pivoted to a flexible virtual delivery option due to the provincial health regulations. The CCC Webinar Series started in October 2020 and will run until May 2021.

“Excellent. Love the format.”

“Great presentation! Will use the clinical pathways more as well as FIB-4 score.”

“Appreciated the content and the interaction/ delivery by the physicians.”

“Good overview and very approachable - spent extra time answering questions. Very worthwhile.”

“Fantastic job! Thank you for a well-done presentation and answering common questions we have as family docs.”

“Easy to listen & participate.”

“Enjoyed the session and have a newfound desire to reassess patients on long term PPI therapy to ensure that is actually needed.”

“Very interesting topic and will change my practice!”



Check-in and Check-up Webinar Series

- 1  **Interrupting Racism in Your Family Practice: An Indigenous Perspective**
Alberta College of Family Physicians
1:14:52
- 2  **Juggling While the House Is on Fire: Managing Multiple and Changing Priorities with Brenda Robinson**
Alberta College of Family Physicians
1:03:36
- 3  **2020: Crisis & Opportunity for Physicians Part 2 by Dr. John Van Aerde**
Alberta College of Family Physicians
1:05:44

Check-in and Check-up Webinar Series

As the COVID-19 pandemic increased to new heights, the ACFP surveyed its members to determine their CME needs. An ad-hoc Virtual Education Committee (VEC) was struck to curate relevant topics and ensure that all perspectives were considered in the planning process. The CME series that resulted became the Check-in and Check-up Webinar Series. This virtual learning opportunity was made possible by a grant for Chapter-led CPD related to COVID-19 by the College of Family Physicians of Canada.

2020 Session Schedule:

April 7, 2020 "What the Bleep is Going On?" with Dr. Jody Carrington	April 9, 2020 "Healthy Homes: Physicians and Their Families" with Dr. Jody Carrington	May 12, 2020 "Encore of CFPC's COVID 19 Evidence Reviews" with the PEER Team	June 2, 2020 "Crisis & Opportunity for Physicians Part 1" with Dr. John Van Aerde	June 4, 2020 "Crisis & Opportunity for Physicians Part 2" with Dr. John Van Aerde
June 23, 2020 "Juggling While the House is on Fire: Managing Multiple and Changing Priorities" with Brenda Robinson	July 16, 2020 "Virtual Doctors' Lounge" hosted by Dr. Sudha Koppula and Dr. Clark Svrcek	August 25, 2020 "Virtual Doctors' Lounge" hosted by Dr. Sudha Koppula and Dr. Noel DaCunha	November 19, 2020 "Interrupting Racism in Your Family Practice: An Indigenous perspective" with Drs. Lindsay Crowshoe, Rita Henderson, and Pamela Roach	December 8, 2020 "Virtual Doctors' Lounge" hosted by Dr. Sudha Koppula and Dr. Kiran Dhillon, with guest Dr. Adam Vyse



Evidence and CPD Program

Best Practice Support Visits (BPSV)

Nearly 700 physicians and other primary health care providers participated in BPSV throughout 2019-2020. Since 2017, PEER has taken over the development and delivery of this program. BPSV mimic a Train the Trainer model; each teaching sessions, is presented to a small group of pharmacists from participating Primary Care Networks (PCNs) who then host sessions at their local PCNs to disseminate information to local physicians. Sessions are presented in 30-minute blocks and are both didactic and interactive. This highly sought-after program continues to grow every year and as of the 2020-2021 season this program will be run by the CFPC and PEER team.

CPD and Practice Supports Online

Tools for Practice Articles

Tools for Practice (TFP) articles are distributed to more than 38,000 family physicians and allied health care providers across Canada and internationally. The content of each article is developed free of industry bias and is based on the best available evidence.

2020 ushered in two major milestones for the ACFP: the publication of the 250th TFP article and a 10 year partnership with PEER!

Additionally, TFPs adapted to its subscribers needs and produced “COVID-19 Rapid Reviews.” These 11 TFP articles focused on the expeditious evidence on the coronavirus in primary care.

To maintain the high standard of quality, accuracy, and academic integrity, all articles are authored by at least one practicing family physician and peer reviewed by two to three external physicians and allied healthcare professionals. All articles are offered in both English and French and available for credits on GoMainpro (now CFPCLearn).



CFPCLearn Contributors



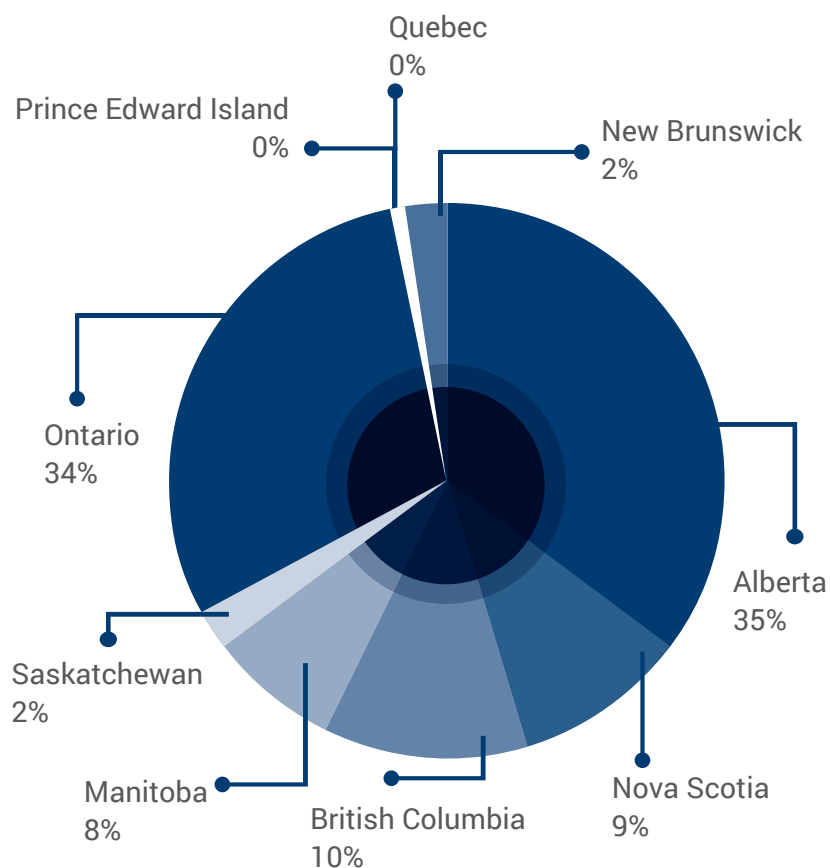


GoMainpro

The ACFP's online learning platform, GoMainpro, was developed to provide an on-going revenue stream to help subsidize its investment in the Evidence and CPD program and collaboration with PEER (Patients, Experience, Evidence, Research). Since its development, GoMainpro has had more than 1,000 subscribers from across the country reflect on more than 28,000 reflective exercises.

New venture, new platform.

In June 2020, the College of Family Physicians of Canada's Programs and Practice Support acquired GoMainpro and will relaunch its new learning platform called CFPCLearn. The ACFP has signed on to be a funder and contributing partner to the new platform along with a growing number of other provincial Chapters and Academic Partners across Canada.



Certification and the CERT+ Platform

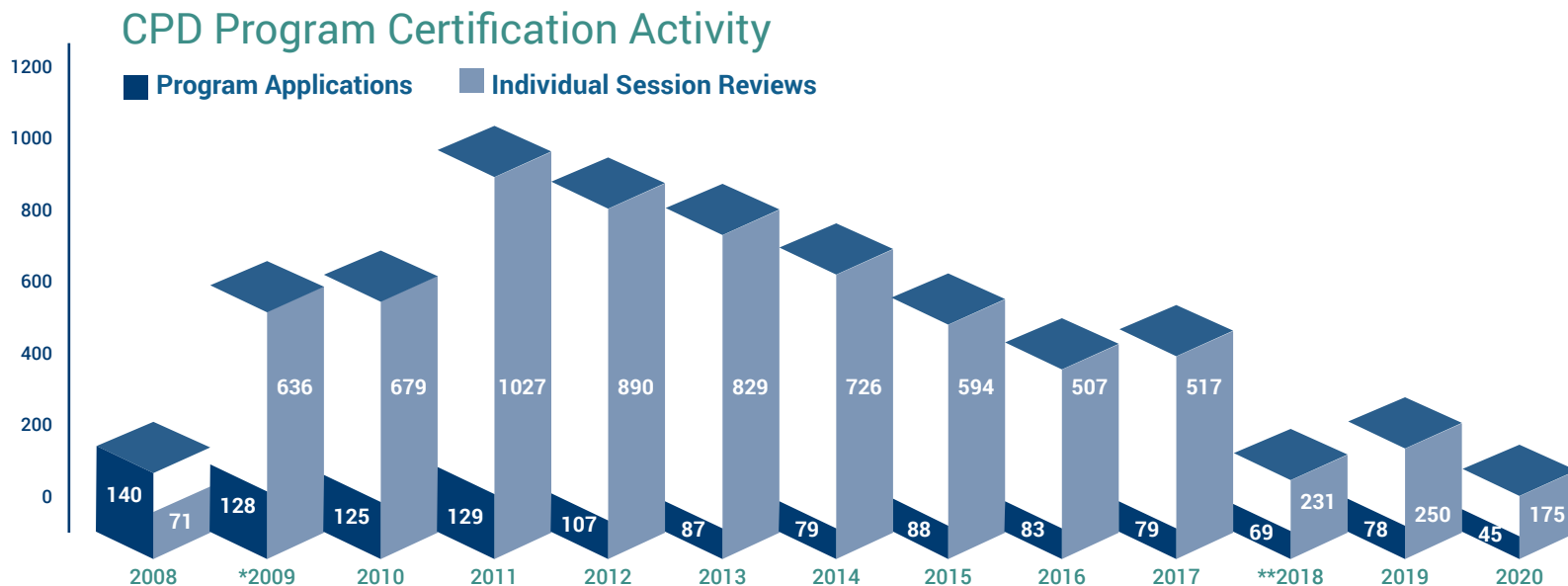
As a provincial chapter for the Collage of Family Physicians of Canada, the ACFP has an important role in the certification of one-credit-per-hour programs in the province.

Programs received by the ACFP are screened by staff trained in Mainpro+ certification requirements to ensure applications can continue to the review stage.

CFPC trained Physician Reviewers in Alberta ensure topics seeking certification are relevant to family medicine and that the content presented is scientifically valid. Part of their role is to also ensure the processes identified by the planning committee in the development of the program content meet CFPC certification standards and criteria. Programs successful in meeting the quality criteria are certified for Mainpro+ credits by the ACFP.

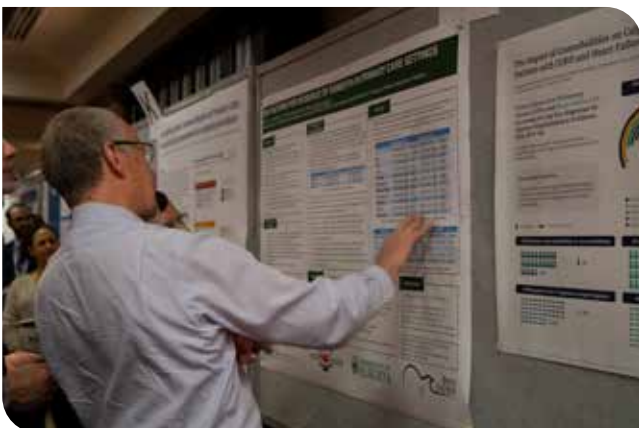
Certifying CPD Opportunities for Family Physicians

Since the inception of the National Standards for Support of Accredited CPD Activities in 2018, the ACFP observed a decline in the overall number of programs and ethical reviews that year. This downward trend felt nation-wide, continued into the 2019 review year. Due the pandemic, 2020 experienced another steep drop in the number of applications submitted for review. Unable to host in person meetings during the province-wide lockdown, providers were steadfast in amending their applications to offer virtual learning. The spike in reviews in the latter part of the year is depicted by the graph below.



*Program applications increased in 2009 due to mandatory reporting of CPD credits being a requirement of the licensing body, College of Physicians and Surgeons (CPSA).

**In 2018, National Standards for the Support of Accredited CPD Activities came into effect.



Research

Supporting Family Medicine and Primary Care Research in Alberta

A Forum Elevating Family Medicine Research in Alberta

Family medicine research is essential to the foundation of the profession, patients' health, and the health care system.

In the fall of 2020, the ACFP hosted the second annual forum virtually to several primary healthcare researchers from across the province. This event aims to bring together key stakeholders committed to family medicine research and quality improvement in Alberta. Forum discussions involved exploring innovative actions the ACFP can pursue to support our family medicine researchers and ensure member involvement in research is rooted in family practice.

The ACFP is building on the ideas shared at the forum and will continue working to ensure the outstanding contribution made by our provincial family medicine researchers in Alberta is highly regarded. The ACFP is committed to advocating for adequate supports to be in place and sustained so that our research community can grow.

Research Showcase at Summit 2020

We continue to support our family medicine research community by providing the opportunity to build awareness and capacity in research through the ACFP's What's Up Doc? Research Showcase, a very successful celebration of family medicine and primary care research in Alberta. In 2020, 49 abstracts were submitted for review. The selection process for the Research Showcase remains very competitive with all submissions undergoing evaluation by a dedicated group of reviewers. 36 abstracts were accepted for the event, and several top scoring abstracts in each category were selected for onsite adjudication.



2020 Research Award Recipients

The following research projects were awarded our ACFP Reviewer's Choice Awards

Poster Display Category



1st Place

"Polypharmacy in Seniors Admitted to Calgary Hospitals 2013-2018"

R. Thomas, L. Nguyen, C. Naugler



2nd Place

"Assessing the Impact of Co-Morbidities for Patients with Chronic Obstructive Pulmonary Disease (COPD) and Heart Failure (HF) in Calgary Zone Hospitals"

D. Woodhouse, B. Murray, C. Rice, N. Samardzic, K. Burak



3rd Place

"Influenza Vaccine Effectiveness in Alberta and Canada: Mid-Season Analysis"

Y. Efegoma, S. Orenstein, D. Skowronski, J. Dickinson

Oral Presentation Category

1st Place

"Cluster Analysis Exploring the Relationship Between Daily Patient Volume, Provider Panel Size, Service Day Provision and Patient Health Outcomes in Alberta General Practitioner Practices"

T. McDonald, B.C. Lethebe, L.A. Green

2nd Place

"Implementing of the Primary Care Pathway for The Preventions and Management of Obesity (3PMO) Within Calgary Foothills Primary Care Network"

S. Wicklum, A. McGuire, M. Nystrom, A. Fielding, S. Wiens

3rd Place

"Understanding Mental Models: Improving specialty and primary care integration"

T. Barber, L. Toon, K. Kidd Wagner, L.A. Green

INFLUENCING POLICY

Partnerships and Advocacy Efforts

Through trusted relationships with multidisciplinary health leaders and organizations, the ACFP strives to influence health policy that betters health for Albertans and advances excellence in primary care.





Primary Care Alliance

The Primary Care Alliance (PCA) remains the ideal connection for organizations who do work to support and represent physicians in primary care in Alberta. The member organizations include the ACFP; Alberta Medical Association (AMA) Board, the Section of Family Medicine, the Section of Rural Medicine; Primary Care Network Leads, and the Departments of Family Medicine from the universities of Alberta and Calgary. There are regular presentations on AMA Negotiations with Alberta Health, and by Alberta Health Services, Primary Care Unit and Strategic Clinical Network partners including the Primary Health Care Integration Network. Each meeting involves a roundtable sharing of work being done by each organization and a reflection of how we might optimize our efforts.

The fundamental purpose of the PCA is to ensure alignment and coordination between partner organizations on shared goals and vision. A foundational vision that continues to galvanize the PCA is the Patient's Medical Home (PMH).

This year the PCA worked on a new articulation of a vision for health care in Alberta, The Integrated Health Neighbourhood of the Future: A white paper on transforming primary care and community-based care. The document is set to be released in 2021 and will be used as an aspirational framework for advocacy and program delivery supported by PCA member organizations.

Other highlights of PCA discussions in 2020:

- Access and Continuity
- PMH Resources
- HQCA - Panel Reports, PCN Reports, and Patient Complaints Process
- On Big Event Planning (postposed due to COVID-19)
- Coordinated response to Government announcements and physician funding changes
- Informatics key developments and implications for primary care physicians
- GP Supply Calculations using a Service Day Method
- Association of CMGP01 Extended Visit Code with Physician Billings and Patient Outcomes
- PMH Measurement Tool Updates
- CPSA Updates
- Remuneration Models
- COVID-19 Negotiation Items
- Primary to Specialty Referral
- Considerations for Re-opening Community Clinics
- ACTT (TOP) and the future of Clinical Practice Guidelines Program
- Clinical Leadership Workshop
- Virtual Care Strategy
- Life QI
- Alberta Surgical Initiative Update
- Imagine Citizens
- Alternative Payment Arrangements
- Highlights from Opioid Grants
- Achieving CPAR Targets for Primary and Specialty Care
- Physician Champion Updates

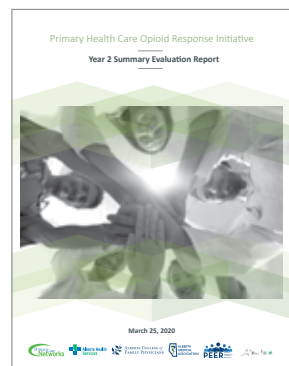
PCA Membership includes:



Primary Health Care Opioid Response Initiative

The Primary Health Care Opioid Response Initiative (PHC ORI) came to a close in March 2020. This multi-stakeholder project between the ACFP (grant Secretariat), Alberta Medical Association (AMA), Alberta Health Services (AHS), and Primary Care Networks (PCNs) resulted in numerous successes while also uncovering important challenges within primary care and the overall health care system.

Read the PHC ORI goals, objectives, activities, and advancements in the [Year 2 Summary Evaluation Report](#), or watch our [Project in Review](#).



Year 2 Summary Evaluation Report



Project in Review



Empowering Primary Care Through Evidence



Opioid Response Coordinators (ORCs)



Meaningful Engagement of Individuals with Lived Experience



How Patients Access OAT in Primary Care





The Collaborative Mentorship Network for Chronic Pain and Addiction (CMN) addresses the urgent need of local treatment options within primary care settings for chronic pain and addiction by building capacity and competencies within primary care.



Become a CMN Member

Connect with family physicians, nurses, pharmacists, social workers, and other specialists who have experience and expertise in chronic pain and addiction. This community of practice offers mentorship, tools & resources, open discussions, virtual collaboration forums, and educational events.

www.cmnalberta.com

Building Capacity for Tomorrow

Originally initiated under the PHC ORI, the ACFP secured a \$1.9 million contribution from Health Canada's Substance Use and Addiction Program, to continue the important work of the CMN beyond the PHC ORI and broadened its scope to include multidisciplinary team members (specialists, nurses, pharmacists, social workers, etc.).

STATISTICS



OVER **280**
TOOLS FOR PRACTICE



PEER – Patients, Experience, Evidence, and Research

PEER is a primary care led research team focused on providing useful and relevant evidence to primary care providers.

Since 2009, PEER has collaborated with the ACFP on projects such as the bi-weekly Tools for Practice articles, the Price Comparison of Commonly Prescribed Pharmaceuticals in Alberta (often referred to as the Pricing Doc), the Practical Evidence for Informed Practice (PEIP) Conference, Best Practice Support Visits (BPSV), and several primary health guidelines. 2020 saw the publications of the “PEER Umbrella Systematic Review of Systematic Reviews: Managing osteoarthritis in primary care” and the “PEER Simplified Decision Aid: Osteoarthritis treatment options in primary care.”

For more information on PEER visit: www.peerevidence.ca



ADVOCACY EFFORTS

ACFP Registers as a Lobbyist

In the spring of 2020, the ACFP reached a threshold of time spent communicating and meeting with government. Because of this, the College registered as a Lobbyist.

WHAT IT MEANS TO BE A LOBBYIST

As a registered lobbyist, the ACFP now files a report every six months with the public registry which includes a list of all our activity in which we have been working to bring the voice of family physicians to elected leaders, bureaucrats, and the health authority in Alberta.

Our 2020 reports can be accessed publicly by searching “Alberta College of Family Physicians” on www.albertalobbyistregistry.ca

INSPIRING TRUST

The Value of the Family Physician

Publicly, the ACFP inspires trust by demonstrating the value of the family physician and the benefits of the Patient's Medical Home. Family physicians are highly skilled clinicians who specialize in you.





Creating Community and Inspiring Trust

Heart of Family Medicine

The Heart of Family Medicine campaign was developed and launched in response to a long desire to create a public awareness campaign but more importantly a call to action from an impromptu member forum held at the 2020 Family Medicine Summit. Members asked that the ACFP to help create a different narrative, one that lets patients tell the stories and describe the unique value their family physician plays in their lives. We needed to give family physicians a chance to describe their experiences, their joys, and struggles in their daily practices.



FAMILY DOCS *ROCK*

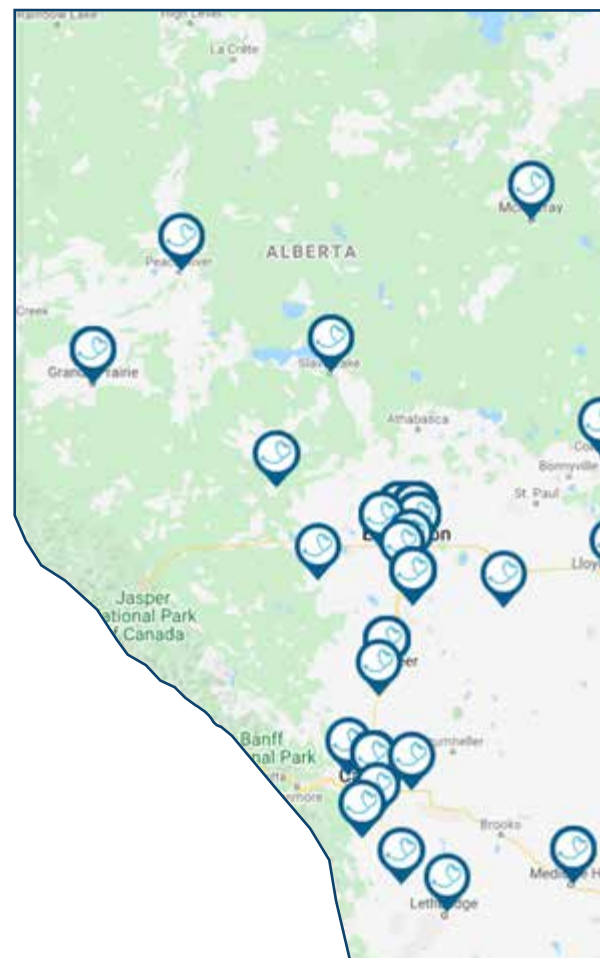
Family Docs Rock Finds a New Home in the Heart of Family Medicine

The ACFP has collected a number of stories over the years through its popular Family Docs Rock campaign and are happy to find a true home for them at the [Heart of Family Medicine](#).

The Heart of Family Medicine is proud to share your stories about the doctors who have touched your life and made an impact on your well-being. Take a look at what patients are saying about why their family docs rock.



"Dr. D'Agostini has been so amazing with my family - she is always available to help us out, so caring/understanding. We absolutely love her as do many other of her patients."
- Danielle Szymanski, Spruce Grove





He Makes Me Feel Welcome and Accepted

I am a middle-aged woman (40) and from Asia. I have a BA degree in English literature from back home, most of my English language instructors at University were Canadian, because of this I came to know that most Canadians are nice and kind since that time. My family immigrated to Canada in 2011.

Dr. Baruta is a person full of kindness, generous, caring, warm hearted, considerate, sympathy showing, encouraging, helping, and thoughtful.

I'm happy to have him as my family doctor. He listens to me with his full attention, catches the points of my pain or understands what I'm trying to say, then gives his diagnosis with reasons.

He explains with slow and easy words when I seem to not understand him. His explanation about diagnosis is beyond my imagination. For the serious symptoms, he gives solutions with what to do, so that I don't worry too much. With the "Normal" test results, he tells me that "Fortunately You have Nice and Normal Test Results" with happy face. (I can feel his smiling.)

His greetings in the beginning and at the end remind me of the time I had a 1-hour interview with an immigration officer in 2010 in Canada—kind of mixed feelings of feeling welcomed, accepted of my opinions, cheering, and support.

When I have pain in my body and I'm holding his referral in my hand, my mind is happy and free from burden and worry because I feel he cares about my health. Thank you Dr. Baruta. I will get older and, someday, I will have menopause and will be senior with all white hairs and wrinkles all over me. Until I see you, I won't take your kindness as granted.

I will eat healthy food, exercise regularly, sleep well, and take a good care of myself.

You are the best doctor and I give two thumbs up!

Claire Seoung Lee



FINANCIAL HIGHLIGHTS



Financial Highlights - Statement of Financial Position - December 31, 2020

	2020	2019
ASSETS		
CURRENT		
Cash and cash equivalents	\$ 1,601,796	\$1,562,719
Accounts receivable	314,687	181,206
Prepaid expenses	18,335	36,052
	1,934,818	1,663,517
CASH HELD IN TRUS	-	5,124,539
TANGIBLE CAPITAL ASSETS	23,872	33,906
	\$ 1,958,690	\$ 3,477,400

LIABILITIES AND NET ASSETS

CURRENT		
Accounts payable and accrued liabilities	\$ 120,319	\$ 96,196
Good and services tax payable	3,607	6,031
Deferred revenue	414,030	496,688
Due to Opioid Initiative Grant recipients	-	1,663,517
	537,956	2,262,432
EMPLOYEE FUTURE BENEFITS OBLIGATION	140,439	132,263
	678,395	2,394,695

NET ASSETS

Unrestricted operating fund	479,640	275,921
Internally restricted	776,783	772,878
Invested in property and equipment	23,872	33,906
	1,280,295	1,082,705
	\$ 1,958,690	\$ 3,477,400

Statement of Operations - Year Ended December 31, 2020

	2020	2019
Revenue		
Membership fees	\$ 1,237,476	\$ 1,221,341
Opioid Initiative Grant	372,998	985,299
Evidence Based Medical Conference	225,622	263,595
Family Medicine Summit	266,261	286,780
Other Grants	119,257	113,012
Substance Use and Addictions program	160,063	-
Other	42,294	21,375
KET Initiative	35,582	86,547
Continuing medical education	34,700	58,800
Share of FMF Surplus from National	17,748	14,614
Interest	7,017	15,223
Education Outreach	6,340	32,875
	2,525,358	3,099,461
Expenses		
Salaries and wages	531,835	447,190
Opioid Initiative	372,998	985,299
Family Medicine Summit	298,642	313,224
KET Initiative	288,227	278,701
Substance Use and Addictions program	160,063	-
Evidence Based Medical Conference	139,365	205,581
Honorariums	82,667	72,391
Administration costs	71,146	64,176
Rent and occupancy costs	70,608	70,611
Education Outreach	67,137	70,658
Professional fees	54,900	62,946
Special projects	46,458	-
Travel	38,239	92,619
Public relations	29,925	20,420
Student and resident support	19,303	42,583
Other events	17,291	1,632
Amortization	15,782	15,964
Goods and services tax	13,599	16,877
Operational committees	9,624	13,068
Family Physician Leadership Initiative	-	58,762
	2,327,809	2,832,702
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES FROM OPERATIONS	197,549	266,759
OTHER EXPENSES		
Loss on disposal of tangible capital assets	(41)	-
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	\$ 197,590	\$ 266,759



Executive Director's Message



I am proud and humbled by the way that our small but mighty organization took on every challenge that we met in 2020. Our members, over 5,300 family physicians in Alberta, have been pushed to their limits physically, mentally, emotionally, and professionally. As a staff team, we have heard stories of struggle and compromised safety, we experienced tragic loss of life of cherished friends and colleagues, we saw a virtual

community joining hearts and hands to support one another, and we felt a relentless political agenda play out that impacted so many foundational parts of a family practice. It has been a year we hope never to experience the likes of again.

It was difficult to stop working at the end of the day or over the weekends, thinking that there must be more we could do from our position in the system to make things better for our members. Knowing that each of you were battling the impacts of a pandemic and trying to make sense of the changes that were being legislated around you, we wanted to hold you up, to be your support and your sustenance. Did we do enough?

We know the Heart of Family Medicine is strong and will prevail as the foundation of an optimal health system. We will continue working toward a health system that we all can be proud of—one that puts the patient at the centre; that recognizes the contributions of every compassionate person who chooses a path of servitude, and one that protects the well-being of all Albertans.

Family physicians are systems thinkers – they see how everything connects, interacts, and contributes to the performance of the whole body, the whole family, the community at-large, and the whole system. As our Board of Directors, committees, and partnerships continue to be led by people who have a vision and a passion for something better, it inspires us to stay the course and support the ones who will make things happen. We are in this together.

On behalf of the staff of the ACFP, we thank our members and the systems that support their work and know that there are better days ahead.

In your service,

Terri Potter BA, PMP, CAE
Executive Director, ACFP



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