Virtual Collaborative Forum

- The Alberta College of Family Physicians' Collaborative Mentorship Network for Chronic Pain and Addiction (CMN) provided a dynamic and collaborative series of webinars for its members for the last two and a half years.
- The Virtual Collaborative Forum (VCF) Series delivered a wide range of practice-changing continuing professional development (CPD) sessions focusing on chronic pain and substance use. The VCFs also provided a space for open discussions.
- This series was tailored for health care practitioners and interdisciplinary teams to learn more about chronic pain, addiction, harm reduction, and the actions they can take in their practices to provide informed clinical care.

698 attendees | **45 speakers** | **24 sessions since 2020** | **29 different topics**

Resources for Creating a Stigma Free Workplace:

- Pronouns Game: Minus 18
- Our Stats is an online database of findings from Canada's largest and longest running GBT2Q health survey, Sex Now.
- How to use gender neutral grammar in French? November 2020
- Practice with Pronouns
- The Gender Unicorn
- Do's and Don'ts for Providers

Harm Reduction - Myths and Facts

- Enables drug use → - Decriminalization – drug use declined in most at risk groups
- Attracts drug users and bring crime into communities → - Supervised consumption - local crime either remained the same or decreased
- A waste of taxpayer dollars → - Supervised consumption, needle exchange, naloxone kits - save money by reducing disease transmission, death, and crime

ALBERTA COLLEGE *of* FAMILY PHYSICIANS

COLLABORATIVE MENTORSHIP NETWORK
for Chronic Pain and Addiction

- *Pregancy and Polysubstance Use*, Dr. Ginetta Salvalaggio, MD, MSc, CCFP(AM)

- *The Role of Trauma in Chronic Pain and Addiction*, Dr. Harbir Singh Gill MD, CCFP(AM)

- *Bringing the Spirit Home: Kainai safe withdrawal management site*, Dr. Esther Tailfeathers MD, CCFP

- *Community Based SUD Treatment in Remote First Nations*, Dr. Claudette Chase MD, FCFP

- *Stop, Look, and Listen: What patients and providers need to know about appointments*, Tracy Fossum, Patient Advocate

- *Handle with Care: Difficult conversations with patients*, Dr. Jennifer Burke MD CCFP

- *Update on Buprenorphine Naloxone, Dr. Rob Tanguay,* MD, FRCPC, CCSAM, CISAM

- *AUD in Community: Evidence and Actions*, Dr. Tally Mogus, Dr. Lana Fehr, Dr. Jessica Kirkwood MD CCFP (AM)

- *The Personal in the Pandemic: Getting Real About Our Own Wellness*, Kerry McLean MC RCT

- *Challenging Stigma in Your Practice: A case study on 2SLGBTQ+ inclusivity — a sexualized substance use perspective*, Jesse-David Murray, BA, CCW, BSW

- *The Other Emergency — Meet the Disruptors*, Alyssa Miller, Angela Staines, Dr. Bonnie Larson, MD, MA, CCFP(AM), DTMandH, Dr. Esther Tailfeathers, MD, CCFP, Dr. Ginnetta Salvalaggio, MD, MSc, CCFP(AM)

- *Not Another New Years' Resolution: Patient Motivation and Goal-Setting in Primary Cary Care*, Dr. Arlene Cox, PhD, RPsych

- *Pelvic Pain 101: It's not all about Endo*, Dr. Magali Robert MD

- *Opioid Use in Older Adults — Ideal Vs. Actual Patient Journeys*, Dr. Lara Nixon, MD, CCFP(COE), FCFP, Dr. Mareiz Morcos, PharmD, APA, PMP

- *How to DO Trauma Informed Care and Repair Relationships that Go Wrong*, Kara Irwin, RPsych CAP, Marie Ferraro

- *Gender and Chronic Pain — Women's Experience Through an Intersectional Lens*, Dr. Fiona Webster, PhD

- *Unraveling and Treating the Epidemic of Pain in Children, Dr. Nivez Rasic, MD, FRCPC,* Dr. Melanie Noel, PhD, RPsych

- *Innovations in Addiction Medicine*, Dr. Monty Ghosh MD, MBT, MSc, MPH, FRCPC, ISAM, Dr. Alexander Cauderella, MDCM, CCFP(AM), DABAM

- *Health, Harm Reduction, and Politics: What community providers need to know* Dianne Dyer, BN, MN, Dr. Jessica Kirkwood, MD, CCFP (AM), Dr. Christy Sutherland, MD, CCFP (AM), DABAM

- *The History of the War on Drugs and The Opioid Crisis*, Dr. Christy Sutherland, MD, CCFP (AM), DABAM

> "It was very well done, and I enjoyed it immensely."

> "This session taught me to] meet people where they are. Treating people as equals is the first step to creating a therapeutic relationship."

> "I loved this so much. I could have listened for hours."

> "I would like to see this speaker and partner organizations again in at least a 1/2 day virtual forum"

> "The format was very engaging and the variety of speakers on the topic gave an excellent cross section of information."

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